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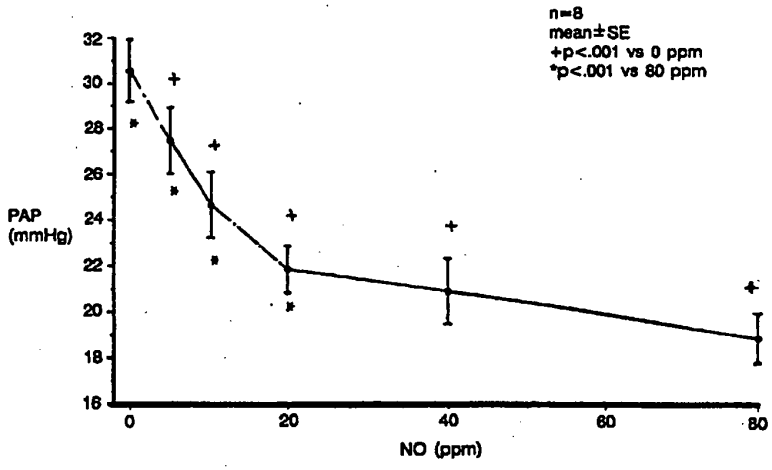

(57) Abstract

This invention is a method for treating or preventing bronchoconstriction or reversible pulmonary vasoconstriction in a mammal, which method includes: a) causing the mammal to inhale a therapeutically effective amount of gaseous nitric oxide, and b) introducing into the mammal a therapeutically effective amount of phosphodiesterase inhibiting compound; and an inhaler device (10) containing nitric oxide gas, and a phosphodiesterase inhibiting compound (106).

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METHODS FOR TREATING PULMONARY VASOCONSTRICTION AND ASTHMA

Background of the Invention

This invention relates to the treatment of pulmonary vasoconstriction and to the treatment of asthma. This invention was made in the course of work supported by the U.S. Government, which has certain rights in the invention.

Asthma is a chronic disease characterized by intermittent, reversible, widespread constriction of the airways of the lungs in response to any of a variety of stimuli which do not affect the normal lung. Estimates of the prevalence of this disease in the U.S. population range from three to six percent.

> In attempting to unravel the pathogenesis of asthma, the cellular and biochemical basis (sic) for three important features of the disease have been sought: chronic airway inflammation, reversible airflow obstruction, and bronchial hyperreactivity. Theories have pointed variously to abnormalities in autonomic nervous system control of airway function, in bronchial smooth muscle contractile properties, or in the integrity of the epithelial cell lining as features that distinguish asthmatic from normal airways. . . . Evidence suggests that the normal epithelial lining functions as more than a simple barrier: epithelial cells may produce a relaxing factor that actively maintains airway patency by causing relaxation of smooth muscle. Epithelial desquamation could contribute to bronchial hyperreactivity because a lesser amount of relaxing factor would be produced.

("Asthma", Ch. 14-II in Scientific American Medicine, Vol. 2; Scientific American, Inc.; 1988, p. 2, 4)

Drugs used to treat asthma fall generally into two categories: those which act mainly as inhibitors of inflammation, such as corticosteroids and cromolyn sodium, and those which act primarily as relaxants of the tracheobronchial smooth muscle, such as theophylline and

its derivatives, beta-adrenergic agonists, and anticholinergics. Some of these bronchodilators may be administered orally, while others are generally given by intravenous or subcutaneous injection or by inhalation of the drug in an appropriate form, such as aerosolized powder (i.e., delivered in the form of a finely divided solid, suspended in a gas such as air), or aerosolized droplets (delivered in the form of a fine mist). Asthma patients typically self-administer bronchodilator drugs by means of a portable, metered-dose inhaler, employed as needed to quell or prevent intermittent asthma attacks.

Conceptually analogous to the narrowing of the airways of the lung which occurs in an asthma attack, vasoconstriction is a reversible narrowing of blood vessels attributable to contraction of the smooth muscle of the blood vessels. Such vasoconstriction can lead to abnormally high blood pressure (hypertension) in the affected portion of the circulatory system.

The mammalian circulatory system consists of two separate systems, the systemic circuit and the pulmonary circuit, which are pumped in tandem by the left and right sides of the heart, respectively. The pulmonary circulation transports the blood through the lungs, where it picks up oxygen and releases carbon dioxide by equilibrating with the concentrations of oxygen and carbon dioxide gas in the alveoli. The oxygen-rich blood then returns to the left side of the heart, from whence it is distributed to all parts of the body via the systemic circulation.

The systemic circulatory system of an adult human typically has a mean systemic arterial pressure ("SAP") of 80-100 mm Hg, whereas a typical mean pulmonary arterial pressure ("PAP") is approximately 12-15 mm Hg. Normal pulmonary capillary pressure is about 7-10 mm Hg. Considering the interstitial fluid colloid osmotic

pressure (14 mm Hg) and the plasma colloid oncotic pressure (28 mm Hg), as well as the interstitial free fluid pressure (1-8 mm Hg), the normal lung has a +1 mm Hg net mean filtration pressure (Guyton, Textbook of Medical Physiology, 6th Ed.; W.B. Saunders Co., Philadelphia, PA (1981), p. 295). This nearly balanced pressure gradient keeps the alveoli of a healthy lung free of fluid which otherwise might seep into the lung from the circulatory system.

An elevation of the PAP over normal levels is termed "pulmonary hypertension." In humans, pulmonary hypertension is said to exist when the PAP increases by at least 5 to 10 mm Hg over normal levels; PAP readings as high as 50 to 100 mm Hg over normal levels have been reported. When the PAP markedly increases, plasma can escape from the capillaries into the lung interstitium and alveoli: fluid buildup in the lung (pulmonary edema) can result, with an associated decrease in lung function that can in some cases be fatal.

Pulmonary hypertension may either be acute or chronic. Acute pulmonary hypertension is often a potentially reversible phenomenon generally attributable to constriction of the smooth muscle of the pulmonary blood vessels, which may be triggered by such conditions as hypoxia (as in high-altitude sickness), acidosis, inflammation, or pulmonary embolism. Chronic pulmonary hypertension is characterized by major structural changes in the pulmonary vasculature which result in a decreased cross-sectional area of the pulmonary blood vessels; this may be caused by, for example, chronic hypoxia, thromboembolism, or unknown causes (idiopathic or primary pulmonary hypertension).

Pulmonary hypertension has been implicated in several life-threatening clinical conditions, such as adult respiratory distress syndrome ("ARDS") and

persistent pulmonary hypertension of the newborn ("PPHN"). Zapol et al., Acute Respiratory Failure, p. 241-273, Marcel Dekker, New York (1985); Peckham, J. Ped. 93:1005 (1978). PPHN, a disorder that primarily affects full-term infants, is characterized by elevated pulmonary vascular resistance, pulmonary arterial hypertension, and right-to-left shunting of blood through the patent ductus arteriosus and foramen ovale of the newborn's heart. Mortality rates range from 12-50%. Fox, Pediatrics 59:205 (1977); Dworetz, Pediatrics 84:1 (1989). Pulmonary hypertension may also result in a potentially fatal heart condition known as "cor pulmonale", or pulmonary heart disease. Fishman, "Pulmonary Diseases and Disorders" 2nd Ed., McGraw-Hill, New York (1988).

Attempts have been made to treat pulmonary hypertension by administering drugs with known systemic vasodilatory effects, such as nitroprusside, hydralazine, and calcium channel blockers. Although these drugs may be successful in lowering the pulmonary blood pressure, they typically exert an indiscriminate effect, decreasing not only pulmonary but also systemic blood pressure. A large decrease in the systemic vascular resistance may result in dangerous pooling of the blood in the venous circulation, peripheral hypotension (shock), right ventricular ischemia, and consequent heart failure. Zapol (1985); Radermacher, Anaesthesiology 68:152 (1988); Vlahakes, Circulation 63:87 (1981). For example, when intravenous nitroprusside was administered to 15 patients for treatment of acute pulmonary hypertension due to ARDS, mean PAP decreased from 29.6 to 24.2 mm Hg and pulmonary vascular resistance (PVR) decreased by a mean of 32%, but mean systemic arterial pressure was reduced from 89.6 mm Hg to the unacceptably low level of 70 mm Hg (Zapol et al., 1985). Intravenous nitroprusside was not recommended for clinical treatment of pulmonary

hypertension, since it "markedly impairs pulmonary gas exchange by increasing Q_{VA}/Q_T" (the mixing of venous and arterial blood via an abnormal shunt). Radermacher (1988).

Physiological relaxation of blood vessels has been reported to result from the release of a very labile non-prostanoid endothelium-derived relaxing factor (EDRF) by endothelial cells lining the blood vessels. EDRF stimulates the enzyme guanylate cyclase within the vascular smooth muscle, with the resulting increase in cyclic GMP causing relaxation of this muscle, and thereby reversing vasoconstriction. Ignarro et al., Proc. Natl. Acad. Sci. USA 84:9265 (1987) and Palmer et al., Nature 327:524 (1987) identified the vascular smooth muscle relaxation factor released by the endothelium of arteries and veins as nitric oxide ("NO"). NO is also believed to be produced by breakdown of organic nitrates such as nitroprusside and glyceryl trinitrate. Ignarro, Circ. Res. 65:1 (1989); Furchgott, FASEB J. 3:2007 (1989). Higenbottam et al., Ann. Rev. Resp. Dis. Suppl. 137:107 (1988), measured the vasodilatory effects of inhaled NO in seven patients with a chronic condition termed primary pulmonary hypertension. The average PAP of these patients when breathing 40 ppm NO was 56.7 mm Hg, compared to 59.6 mm Hg when breathing air without added NO, a difference of 2.9 mm Hg, or about 6% of the difference ("ΔPAP") between the pre-treatment PAP and what would be normal PAP. Higenbottam et al. reported an average 9% reduction in PVR in these patients during inhalation of NO. No corresponding decrease in SAP was observed.

When exposed to oxygen, NO gas is unstable and undergoes spontaneous oxidation to NO_2 and higher oxides of nitrogen. These higher nitrogen oxides are toxic to the lung, and can in high concentrations themselves

produce pulmonary edema. NO is "the most rapidly binding ligand to haemoglobin so far discovered." Meyer, Eur. Resp. J. 2:494 (1988). In a dilute aqueous solution exposed to oxygen, dissolved NO has a half life of less than 10 seconds due to rapid oxidation to inorganic nitrite and nitrate. Ignarro, FASEB J. 3:31 (1989). The Occupational Safety and Health Administration (OSHA) has set the time-weighted average inhalation limit for NO at 25 ppm for 10 hours. "NIOSH Recommendations for Occupational Safety and Health Standards," Morbidity and Mortality Weekly Report, Vol. 37, No. S-7, p. 21 (1988).

Summary of the Invention

The invention features methods for the prevention and treatment of asthma attacks or other forms of bronchoconstriction, of acute respiratory failure, or of reversible pulmonary vasoconstriction (i.e., acute pulmonary vasoconstriction or chronic pulmonary vasoconstriction which has a reversible component), in mammals (especially humans), which method involves the steps of (1) identifying (by, for example, traditional diagnostic procedures) a mammal in need of such treatment or prevention; (2) causing the mammal to inhale a therapeutically-effective concentration of gaseous nitric oxide (or a therapeutically-effective amount of a nitric oxide-releasing compound); and (3) prior to, during or immediately after the NO-inhalation step, introducing into the mammal a therapeutically-effective amount of a phosphodiesterase inhibitor, preferably an inhibitor (such as Zapinast™) which is selective for (i.e., is most active against) a cyclic GMP-specific phosphodiesterase. With respect to a patient suffering from bronchoconstriction, a "therapeutically effective" amount of gaseous nitric oxide or a nitric oxide-releasing compound is an amount which reduces the patient's airway

resistance by 20% or more, as measured by standard methods of pulmonary mechanics. With respect to a patient suffering from pulmonary vasoconstriction, a "therapeutically effective" amount of gaseous nitric oxide or a nitric oxide-releasing compound is an amount which can induce any one or more of the following: (1) prevention of the onset of pulmonary vasoconstriction following an injury (such as aspiration or trauma) that could be expected to result in pulmonary vasoconstriction; (2) a 20% or more decrease in the patient's ΔPVR (the difference between the patient's elevated PVR and "normal" PVR, with normal PVR assumed to be below 1 mmHg·min/liter for an adult human, unless found to be otherwise for a given patient); (3) a 20% or greater decrease in the patient's ΔPAP; (4) in adults with acute or chronic respiratory failure (e.g., due to asthma or pneumonia), an improvement in arterial oxygen tensions by at least 10mm Hg; or (5) in an infant, improved transpulmonary O_2 transport, as measured by a 10% or greater increase of upper body (pre-ductal) arterial O_2 saturation. PVR is computed by subtracting the pulmonary capillary wedge pressure (PCWP) (or left atrial pressure when available) from the mean pulmonary artery pressure (PAP), and dividing by the cardiac output (CO). PVR levels as high as 6-20 mmHg·min/liter have been observed in cases of severe ARDS (Zapol et al., N. Engl. J. Med. 296:476-480, 1977). A "therapeutically effective" amount of a phosphodiesterase inhibitor is herein defined as an amount which can increase the duration (i.e., half-time) of the therapeutic effect of gaseous NO or a NO-releasing compound by at least 100%. The half-time of the therapeutic effect is the time, following cessation of treatment with NO (or the NO-releasing compound), it takes for the relevant measurement of function (reflecting vasoconstriction or

bronchoconstriction) to return to a value halfway between the baseline value and the peak value achieved during such treatment. In preferred embodiments, the observed increase in duration of therapeutic effect attributable to the action of the phosphodiesterase inhibitor is at least 200%, and may be greater than 300%.

The methods herein disclosed are useful for preventing (if given prior to the onset of symptoms) or reversing acute pulmonary vasoconstriction, such as may result from pneumonia, traumatic injury, aspiration or inhalation injury, fat embolism in the lung, acidosis, inflammation of the lung, adult respiratory distress syndrome, acute pulmonary edema, acute mountain sickness, asthma, post cardiac surgery acute pulmonary hypertension, persistent pulmonary hypertension of the newborn, perinatal aspiration syndrome, hyaline membrane disease, acute pulmonary thromboembolism, heparin-protamine reactions, sepsis, asthma, status asthmaticus, or hypoxia (including that which may occur during one-lung anesthesia), as well as those cases of chronic pulmonary vasoconstriction which have a reversible component, such as may result from chronic pulmonary hypertension, bronchopulmonary dysplasia, chronic pulmonary thromboembolism, idiopathic or primary pulmonary hypertension, or chronic hypoxia. Nitric oxide gas is preferably administered to a mammal with pulmonary vasoconstriction or asthma in accordance with one or more of the following:

(a) administration for at least three minutes (more preferably at least six minutes);

(b) administration in the absence of tobacco smoke;

(c) the inhaled concentration of nitric oxide is at least 0.001 ppm, more preferably at least 0.01 ppm, still more preferably at least 0.5 ppm, and most

preferably at least 1 ppm (e.g., 5, 10 or 20 ppm). The concentration would preferably not exceed 180 ppm of nitric oxide (such concentration being monitored by a technique such as chemiluminescence);

(d) the nitric oxide is inhaled as a mixture including nitric oxide, oxygen (O_2), and nitrogen (N_2) gases, most preferably having an F_IO_2 (i.e., proportion of O_2 gas, by volume) of 0.21-0.99, the proportion of O_2 in air being 0.21; and

(e) the concentration of NO_2 is monitored and kept within safe limits (e.g., less than 1 ppm).

Inhalation of gaseous nitric oxide represents a major advance in asthma therapy, since the gas has no particles or droplets to disperse and transport to the respiratory tract. Gases have long free-diffusion pathways, bypass obstructions (such as constricted airways) readily, and dissolve directly in tissue without causing impaction bronchospasm. The beneficial effect of NO gas on bronchial smooth muscle tone is observed immediately following inhalation, making NO a useful first defense against bronchospasm. The effect, however, is short-lived once NO inhalation is discontinued, so the invention includes treatment with a phosphodiesterase inhibitor which prevents the breakdown of cyclic GMP by endogenous phosphodiesterases, thus prolonging the beneficial effect of NO on smooth muscle.

The phosphodiesterase inhibitor may be introduced into the mammal by any suitable method, including via an oral, transmucosal, intravenous, intramuscular, subcutaneous, or intraperitoneal route. The inhibitor may alternatively be inhaled by the mammal, in order to introduce it directly into the affected lung. In such a case, the inhibitor is advantageously formulated as a dry powder or as an aerosolized solution, and may optionally be inhaled in a gas containing gaseous nitric oxide.

Inhaled nitric oxide also provides a convenient means for diagnosing the reversibility of chronic pulmonary vasoconstriction in a mammal (in particular, a human): the affected mammal is caused to inhale gaseous nitric oxide, and any changes in PAP and cardiac output before and during NO inhalation are noted. If the PAP decreases upon inhalation of NO while the cardiac output remains constant or increases, or if the ΔPVR decreases by a significant amount (e.g., at least 20%, or preferably at least 30%), then the mammal's chronic pulmonary vasoconstriction would have been shown to have a reversible component potentially treatable with gaseous NO or with NO-releasing compounds (or with other types of vasodilators) administered systemically or by inhalation therapy.

Known nitric oxide-releasing compounds (also referred to as nitric oxide-donor or nitric oxide-generating compounds) useful in the methods and devices of the invention can be divided into three categories: (a) nitroso or nitrosyl compounds (e.g., S-nitroso-N-acetylpenicillamine, S-nitroso-L-cysteine, and nitrosoguanidine) characterized by an --NO moiety that is spontaneously released or otherwise transferred from the compound under physiological conditions such as obtain in the lung; (b) compounds in which NO is a ligand on a transition metal complex, and as such is readily released or transferred from the compound under physiological conditions (e.g., nitroprusside, NO-ferredoxin, or an NO-heme complex); and (c) nitrogen-containing compounds which are metabolized by enzymes endogenous to the respiratory and/or vascular system to produce the NO radical (e.g., arginine, glyceryl trinitrate, isoamyl nitrite, inorganic nitrite, azide, and hydroxylamine). Such types of nitric oxide-releasing compounds and methods for their synthesis are well known in the art

(see, for example, the following publications, each of which is incorporated by reference herein: Edwards et al., Biochemical Pharmacology 30:2531-2538, 1981; Schmidt and Kukovetz, Eur. J. Pharmacol. 122:75-79, 1986; Curran et al., FASEB J. 5:2085-2092, 1991; Southern et al., FEBS Lett. 276:42-44, 1990; Garg et al., J. Clin. Invest. 83:1774-1777, 1989; Garg et al., Biochem. Biophys. Res. Commun. 171:474-479, 1990; Boje et al., J. Pharmacol. Exp. ther. 253:20-26, 1990; Bruene et al., J. Biol. Chem. 264:8455-8458, 1989; and McNamara et al., Can. J. Physiol. Pharmacol. 58:1446-1456, 1980). A compound known or believed to be such an NO-releasing compound can be directly tested for its efficacy in the method of the invention by the use of animal models in one of the *in vivo* assays described below. Alternatively, such a compound may first be screened for its ability to stimulate guanylate cyclase, the enzyme to which NO binds and thereby exerts its biological activity, in an *in vitro* assay such as is described by Ishii et al., Am. J. Physiol. 261:H598-H603, 1991. The stability of the compound during storage can be ascertained, for example, by subjecting the stored compound to serial measurements of UV light absorption at a wavelength characteristic of the NO-containing compound (typically 595 nm).

Both the phosphodiesterase inhibitor compound and the nitric oxide-releasing compound selected for use in the method of the invention may be administered as a powder (i.e., a finely divided solid, either provided pure or as a mixture with a biologically-compatible carrier powder, or with one or more additional therapeutic compounds) or as a liquid (i.e., dissolved or suspended in a biologically-compatible liquid carrier, optionally mixed with one or more additional therapeutic compounds), and can conveniently be inhaled in aerosolized form (preferably including particles or

droplets having a diameter of less than 10 μm). Carrier liquids and powders that are suitable for inhalation are commonly used in traditional asthma inhalation therapeutics, and thus are well known to those who develop such therapeutics. The optimal dosage range can be determined by routine procedures by a pharmacologist of ordinary skill in the art. For example, a useful dosage level for SNAP would be from 1 to 500 μmoles (preferably 1-200 μmoles) per inhaled dose, with the number of inhalations necessary varying with the needs of the patient.

Also within the invention is an inhaler device (preferably sufficiently lightweight to be considered portable, i.e. less than 5 kg, and more preferably less than 1 kg) suitable for the treatment or prevention of bronchoconstriction or pulmonary vasoconstriction, which device may be of a design similar to those inhalers currently available for the treatment of asthma attacks, and which contains a phosphodiesterase inhibitor and either or both of (a) pressurized nitric oxide gas, and (b) a nitric oxide-releasing compound. Such a device would typically include a vessel containing pressurized gas containing at least 0.1 ppm (preferably at least 1 ppm, more preferably at least 5 ppm, and most preferably at least 20 ppm) nitric oxide; a housing defining a lumen and a chamber containing an inhalable phosphodiesterase inhibitor compound, which chamber is in communication with the lumen; and a mechanism, such as a release valve operable by depressing the valve, for controllably releasing the gas into lumen or the chamber (thereby suspending the pharmaceutically-active agent in the released gas); the lumen being configured to route the released gas (and suspended agent, if any) into the respiratory system of a patient. The lumen may include a tube, mask, or rebreathing chamber such as those

typically found on presently available inhaler devices. The device may also have a mechanism for optionally releasing the gas into the lumen in a manner that bypasses the compound in the chamber, thereby permitting the patient to first be treated with the nitric oxide-containing gas alone, followed if necessary by a dose of the phosphodiesterase inhibitor compound suspended in nitric oxide-containing gas. The device can optionally include another pharmaceutically-active agent, such as a bronchodilator compound in liquid or solid form. Such a compound could be any compound currently known or subsequently discovered to be effective in counteracting bronchconstriction. Types of drugs known to be useful in the inhalation treatment of asthma include cromolyn sodium; anticholinergic agents (such as atropine and ipratropium bromide); β_2 agonists (such as adrenaline, isoproterenol, ephedrine, salbutamol, terbutaline, orciprenaline, fenoterol, and isoetharine), methylxanthines (such as theophylline); calcium-channel blockers (such as verapamil); and glucocorticoids (such as prednisone, prednisolone, dexamethasone, beclomethasone dipropionate, and beclomethasone valerate), as described in Ch. 39 of *Principles of Medical Pharmacology, Fifth Edition*, Kalant and Roschlau, Ed. (B.C. Decker Inc., Philadelphia, 1989), herein incorporated by reference. The use and dosage of these and other effective bronchodilator drugs in inhalation therapy are well known to practitioners who routinely treat asthmatic patients.

In addition to or instead of the above-described bronchodilator drugs, the inhaler device of the invention may also contain an NO-releasing compound (such as SNAP, S-nitrosocysteine, nitroprusside, nitrosoguanidine, glyceryl trinitrate, isoamyl nitrite, inorganic nitrite, azide, or hydroxylamine), which would provide a long-

lasting bronchodilating effect to complement the immediate effects obtained by inhaling NO gas. NO-releasing compounds could be tested for their usefulness in treating asthma attacks and/or reversible pulmonary vasoconstriction by in vitro and in vivo assays well known to practitioners who routinely develop therapies for these conditions. Criteria for selecting a therapeutically-useful NO-donor compound will include its stability in storage prior to inhalation and its ability to decompose to release NO at a therapeutically beneficial rate upon deposition in the appropriate part of the respiratory tract. For example, S-nitroso-N-acetylpenicillamine ("SNAP") has been shown to be stable in its solid form, but under physiological conditions (such as in the film of physiological fluid on the surface of the bronchiolar or alveolar lumen), the compound readily decomposes to release NO (Ignarro, Circ. Res., 1989). The nitric-oxide-releasing compound could be provided in powder form, or it could be dissolved or suspended in a biologically-compatible liquid carrier. The device of the invention could be a portable inhaler similar to those typically used by persons with asthma, but which contains a pressurized mixture of nitrogen gas (or another inert gas) and nitric oxide gas (instead of or in addition to an inert, liquified propellant such as a fluorocarbon, e.g., freon). Alternatively, the pharmaceutically-active agent optionally included in the device of the invention may be an antimicrobial agent, or a surfactant suitable for the treatment of hyaline membrane disease.

In another preferred embodiment, the device of the invention would include

a vessel containing a phosphodiesterase inhibiting compound (e.g., in liquid or solid form) suspended in a liquified propellant;

a housing defining (a) a port to which the vessel is mounted and (b) a lumen in communication with the port; and

a mechanism for controllably releasing the propellant from the vessel into the lumen, thereby releasing the compound from the vessel into the lumen; such lumen being configured to route the compound into the respiratory system of a person.

Alternatively, the device could include

a vessel containing a compressed or liquified propellant gas (optionally including at least 0.1 ppm nitric oxide gas);

a housing defining (a) a chamber containing a phosphodiesterase inhibiting compound, and (b) a lumen in communication with the chamber; and

a mechanism for controllably releasing the gas from the vessel into the chamber (for example, in preset doses), thereby suspending the compound in the gas; the lumen being configured to route the compound into the respiratory system of a person. The device would preferably be a metered-dose inhaler similar to one of the many designs currently available, which would automatically dispense, in a puff intended for inhalation in a single or multiple breaths, a set amount of the NO gas and the phosphodiesterase inhibitor when activated by the patient in need of treatment. A single device may optionally be designed to deliver, at the discretion of the patient, NO gas (diluted in an inert gas such as N_2), with or without the solid or liquid phosphodiesterase inhibiting compound and/or other bronchodilating agent. Such a "two-stage" design would permit the patient to reserve use of the longer-acting solid or liquid bronchodilator substance until his or her airways had been opened by the puff of gaseous NO in N_2, thus cutting down on the dosage of the solid or liquid pharmaceutical

necessary for lasting benefit. The optimal level of NO and/or NO-releasing compound to be dispensed can be determined by a pharmacologist using methods such as those set forth herein. It is expected that a useful inhaled dose of NO gas for the treatment of asthma would be at least 0.1 ppm for 1/2 min., and preferably from 5 to 300 ppm for one min, which could be achieved, for example, by packaging the compressed NO to be released from the nozzle of the inhaler (or into a rebreathing tube or mask) at at least 1,000 ppm in a mixture with N_2. Self-administered treatment of pulmonary vasoconstriction might require a concentration of 1,000 to 30,000 ppm NO in N_2 at the nozzle, to deliver 5 ml into a 500 ml tidal volume, in order to result in an effective level of 10 to 300 ppm NO in the lungs of the patient.

NO gas could also be used to bronchodilate and thereby improve the distribution of other agents administered by inhalation. Examples of such agents frequently administered by inhalation include antibiotics and other antimicrobials (e.g., pentamidine for treatment of pneumocytis pneumonia), and surfactant agents such as are given to infants with hyaline membrane disease.

The invention described herein provides a simple, safe, rapid, and efficacious treatment or preventative therapy for asthma attacks, for acute respiratory failure (e.g., ARDS or pneumonia), and for vasoconstrictive pulmonary hypertension. In one embodiment of the invention, a portable inhaler equipped with a cartridge of compressed NO and an aerosol container of a phosphodiesterase inhibiting compound in powder or liquid form could be used to administer inhalation therapy for asthma or for pulmonary vasoconstriction either in a hospital setting or in an emergency field situation. Such an inhaler can be carried, for example, by a person

at risk of developing hypoxia, such as a mountain climber, or by ski patrol personnel who can administer the inhalation therapy on an emergency basis to skiers stricken with hypoxic pulmonary edema. Similar inhalers containing bronchodilating agents are routinely carried by asthmatic individuals. In another embodiment of the invention, a cartridge of compressed NO and an aerosol container of a phosphodiesterase inhibitor could be connected to a ventilation circuit and used to treat and stabilize newborn infants with PPHN during transport from the hospital where delivery occurred to one with an intensive care unit, or used to treat pneumonia and ARDS by mask therapy or mechanical ventilator in a hospital or emergency room.

When a phosphodiesterase inhibiting compound or an NO-releasing compound is inhaled in solid or liquid form, the particles or droplets are deposited throughout the respiratory system, with larger particles or droplets tending to be deposited near the point of entry (i.e., in the mouth or nose) and smaller particles or droplets being carried progressively further into the respiratory system before being deposited in the trachea, bronchi, and finally the alveoli. (See, e.g., Hounam & Morgan, "Particle Deposition", Ch. 5 in Respiratory Defense Mechanisms, Part 1, Marcel Dekker, Inc., NY; ed. Brain et al., 1977; p. 125.) A particle/droplet diameter of 10 μm or less is recommended for use in the method of the invention. Where pulmonary vasoconstriction is the target condition, particle/droplet size should in general be of a size distribution appropriate for deposition in the alveoli (i.e., averaging less than 5 μm, with an ideal size around 1-3 μm), while treatment of an asthma attack, which affects mainly the bronchi, would preferably be accomplished using an inhaled particle/droplet size of approximately 2-8 μm.

Determination of the preferred carrier (if any), propellant (which may include NO diluted in an inert gas such as N_2), design of the inhaler, and formulation of the phosphodiesterase inhibitor in its carrier are well within the abilities of those of ordinary skill in the art of devising routine asthma inhalation therapies. The portable inhaler could contain a canister of compressed NO, preferably in an inert carrier gas such as N_2, or any alternative means of providing NO gas. In addition, the inhaler could contain a phosphodiesterase-inhibiting compound either mixed in dry form with a propellant or held in a chamber separate from the propellant, or mixed with a liquid carrier capable of being nebulized to an appropriate droplet size, or in any other configuration known to those skilled in portable inhaler technology. A few of the several types of inhaler designs that have been developed to date are discussed in, for example, U.S. Patent Nos. 4,667,668; 4,592,348; 4,534,343; and 4,852,561, each of which patents is herein incorporated by reference. Other inhaler designs are described in the *Physicians' Desk Reference, 45th Edition*, Edward R. Barnhart, Publisher (1991). Each of these and other aerosol-type inhalers can be adapted to accommodate the delivery of NO gas and/or NO-releasing compounds. Also useful for delivering an NO-releasing compound formulated in dry powder form is a non-aerosol-type inhaler device such as that developed by Allen & Hanburys, Research Triangle Park, North Carolina.

Since NO gas which enters the bloodstream is rapidly inactivated by combination with hemoglobin, the bronchodilatory effects of inhaled NO are limited to the ventilated bronchi and the vasodilatory effects of inhaled NO are limited to those blood vessels near the site of NO passage into the blood stream: i.e., pulmonary microvessels. Therefore, an important

advantage of both the bronchodilating and the pulmonary vasodilating methods of the invention is that one can selectively prevent or treat bronchospasm and/or pulmonary hypertension without producing a concomitant lowering of the systemic blood pressure to potentially dangerous levels. The invention allows for effective reversal of pulmonary hypertension without the risk of underperfusion of vital organs, venous pooling, ischemia, and heart failure that may accompany systemic vasodilation. Such isolated pulmonary vasodilation is also important in treating PPHN in newborn infants, as systemic vasodilation aggravates the undesired mixing of oxygenated and de-oxygenated blood through the ductus arteriosus or the foramen ovale of newborns. Furthermore, by concomitantly bronchodilating and increasing blood flow to ventilated alveoli, the methods of the invention improve oxygen transport in patients with asthma or acute repiratory failure, providing an added benefit not seen with typical bronchodilatory therapies.

The invention also advantageously provides a simple, rapid, non-invasive method of diagnosing those forms of chronic pulmonary hypertension which will be responsive to NO inhalation therapy. These patients may benefit from long-term inhalation therapy by the method of the invention, or from chronic systemic treatment with NO-producing vasodilatory drugs, such as nitroprusside and glyceryl trinitrate, with calcium channel blockers, or with other types of vasodilators.

Other features and advantages of the invention will be apparent from the following detailed description, experimental information, and claims.

Brief Description of the Drawings

Fig. 1 is a graph of the NO dose response curve for lambs with U46619-induced pulmonary vasoconstriction.

Fig. 2 is a graph showing the effects of inhaling various concentrations of NO mixed with O_2, alternating with periods of breathing 60-70% O_2 without added NO, on the PAP of lambs receiving continuous infusions of U46619.

Fig. 3 is a strip chart recording illustrating the effect of causing a lamb with U46619-induced pulmonary vasoconstriction to inhale 80 ppm NO for 6 minutes.

Fig. 4 is a graph showing the effects of inhaling various concentrations of NO mixed with O_2, alternating with periods of breathing 60-70% O_2 without added NO, on the pulmonary vascular resistance (PVR) of lambs receiving continuous infusions of U46619.

Figs. 5A and 5B are a pair of graphs comparing the effect of 180 ppm inhaled NO with untreated controls breathing air on the PAP and PVR of sheep in which a heparin-protamine reaction has induced an elevated PAP and PVR.

Fig. 6 is a strip chart recording comparing treatment with PGI_2 and with NO inhalation in an adult human with severe ARDS.

Fig. 7 is a representation of the apparatus and conditions used to deliver NO gas to the lungs of guinea pigs in the course of experiments on bronchodilation, and a summary of the chemiluminescence data collected at each of three sites in the apparatus.

Fig. 8 is a graph illustrating the effects on nine normal (i.e., non-bronchconstricted) guinea pig lungs of inhaling 300 ppm NO gas.

Fig. 9 is a graph illustrating the effects on lung resistance observed in nine experimentally

bronchoconstricted guinea pigs during treatment with various concentrations of NO gas.

Fig. 10 is a graph comparing lung resistance upon treatment of eight experimentally bronchoconstricted guinea pigs with various concentrations of NO gas.

Figs. 11 and 12 are graphs illustrating the dose-response curve observed when nine experimentally bronchoconstricted guinea pigs were treated with various concentrations of NO gas, with response measured as lung resistance (Fig. 11) or as a percentage of the maximal lung resistance observed (Fig. 12).

Fig. 13 is a graph illustrating the effects on eight experimentally-bronchoconstricted guinea pig lungs of long-term (one hour) inhalation of 100 ppm NO, or of methacholine alone.

Fig. 14 is a graph illustrating the additive effects of inhaling both terbutaline and NO on lung resistance in three experimentally-bronchoconstricted guinea pigs.

Fig. 15 is a graph illustrating the additive effects of inhaling both terbutaline and NO on lung compliance in three experimentally-bronchoconstricted guinea pigs.

Fig. 16 is a graph illustrating the changes in lung resistance observed in five experimentally-bronchoconstricted guinea pigs inhaling nebulized S-nitroso-N-acetylpenicillamine (SNAP).

Fig. 17 is a cross-sectional view of one embodiment of the inhaler device of the invention.

Fig. 18 is a cross-sectional view of a second embodiment of the inhaler device of the invention.

Fig. 19A is a graph demonstrating the influence of continuous i.v. infusion of Zaprinast (0.1 $mg\text{-}kg^{-1}\ min^{-1}$) on magnitude of peak decreases of mean pulmonary arterial pressure in response to NO inhalation during pulmonary

hypertension induced by U46619 infusion. Values are means ±SE.

Fig. 19B is a graph showing the influence of continuous i.v. infusion of Zaprinast (0.1 $mg\text{-}kg^{-1}$ min^{-1}) on half-times of the vasodilating effect in response to NO inhalation during pulmonary hypertension induced by U46619 infusion. Values are means ±SE. * Significantly different from control.

Fig. 20 is a graph showing the influence of Zaprinast on plasma cyclic GMP levels at baseline condition (baseline), after Zaprinast loading dose of 2 $mg\text{-}kg^{-1}$ (Zaprinast), on baseline pulmonary hypertension (U46619), and during 6 minutes' NO inhalation. Values are means ±SE. ** Significantly different from control. * Significantly different from its baseline.

Fig. 21 is a bar graph illustrating the influence of Zaprinast on mixed venous-aortic difference of plasma cGMP concentration during baseline conditions (baseline), stable pulmonary hypertension induced by U46619 (U46619), and during incremental concentrations of NO inhaled. Values are means of data from 2 animals.

Fig. 22 is a graph illustrating the effect on mean PAP of intermittent NO inhalation during pulmonary hypertension induced by U46619 in an awake lamb. Nitric oxide (40 ppm) was inhaled for 4-minute periods with and without concomitant infusion of Zaprinast. With Zaprinast, a subsequent 4 minute exposure was repeated each time the ΔPAP was decreased by 50 percent.

Detailed Description

NO/Phosphodiesterase Inhibitor Therapy for Pulmonary Vasoconstriction

The invention provides a simple, rapid, selective, and efficacious method of treating or preventing both acute and certain forms of chronic pulmonary

hypertension, without concomitantly lowering the systemic blood pressure of the patient. Pulmonary hypertension is a widespread clinical manifestation, afflicting diverse groups of patients. Use of inhaled NO combined with phosphodiesterase inhibitor (PDE inhibitor) treatment is currently envisioned for, but not limited to, patients afflicted with or at risk of developing the following: ARDS, pneumonia, asthma, acute pulmonary edema, acute or chronic hypoxia, alveolar hypoventilation states, high altitude pulmonary edema ("mountain sickness"), PPHN, hyaline membrane disease, acidosis, idiopathic pulmonary hypertension, sepsis, pulmonary thromboembolism, cor pulmonale secondary to pulmonary hypertension, perinatal aspiration syndrome, and acute pulmonary vasoconstriction in response to protamine reversal of heparin anticoagulation ("heparin-protamine reaction").

Method for administration

Compressed NO gas may be obtained from a commercial supplier such as Air Products and Chemicals, Inc. (Allentown, PA) or Airco (Murray Hill, NJ), typically as a mixture of 200-800 ppm NO in pure N_2 gas. It is vital that the NO be obtained and stored as a mixture free of any contaminating O_2 or higher oxides of nitrogen, as such higher oxides of nitrogen (which can form by reaction of O_2 with NO) are potentially harmful to lung tissues. If desired, purity of the NO may be demonstrated with chemiluminescence analysis, using known methods, prior to administration to the patient. The NO-N_2 mixture may be blended with air or O_2 through, for example, calibrated rotameters which have previously been validated with a spirometer. The final concentration of NO in the breathing mixture may be verified with a chemical or chemiluminescence technique well known to those in the field (e.g., Fontijin et al., Anal. Chem. 42:575-579, 1970). Any impurities such as NO_2 can be

scrubbed by exposure to NaOH solutions, baralyme, or sodalime. As an additional control, the F_iO_2 of the final gas mixture may also be assessed. If desired, the ventilator may have a gas scavenger added to the expiratory outlet to ensure that significant amounts of NO will not escape into the adjacent environment.

In a hospital or emergency field situation, administration of NO gas could be accomplished, for example, by attaching a tank of compressed NO gas in N_2, and a second tank of oxygen or an oxygen/N_2 mixture, to an inhaler designed to mix two sources; by controlling the flow of gas from each source, the concentration of NO inhaled by the patient can be maintained at an optimal level.

NO may be administered to mammals suspected of having acute pulmonary vasoconstriction, at a concentration of from 0.001 ppm to 40 ppm in air, pure oxygen, or another suitable gas or gas mixture, for as long as needed. The concentration can be increased to 80 to 180 ppm for short periods of time: e.g., 5 min at 180 ppm NO, when an immediate dramatic effect is desired. Concomitant treatment with a PDE inhibitor decreases the total dosage of NO required to produce a satisfactory level of pulmonary vasodilation for an adequate length of time.

Phosphodiesterase (PDE) Inhibitors

In preferred embodiments of the invention, a therapeutically effective amount of a PDE inhibitor is administered prior to, during, or immediately after NO inhalation. Preferably, the PDE inhibitor selectively inhibits the hydrolysis of cGMP, with minimal effects on the breakdown of cAMP in smooth muscle cells. The PDE inhibitor may be introduced into the mammal by any suitable method, including via an oral, transmucosal,

intravenous, intramuscular, subcutaneous, or intraperitoneal route. Alternatively, the PDE inhibitor may be inhaled by the mammal. For inhalation, the PDE inhibitor is advantageously formulated as a dry powder or an aerosolized solution having a particle or droplet size of less than 10 μm, for optimal deposition in the alveoli. Optionally, the PDE inhibitor can be inhaled in a gas containing NO.

A preferred PDE inhibitor is Zaprinast™ (M&B 22948; 2-o-propoxyphenyl-8-azapurin-6-one; Rhone-Poulenc Rorer, Dagenham Essex, UK). Examples of other PDE inhibitors that may be used in the practice of the present invention are:

WIN 58237 (1-cyclopentyl-3-methyl-6-(4-pyridyl)pyrazolo[3,4-*d*]pyrimidin-4-(5H)-one), see, e.g., Silver et al., J. Pharmacol. Exp. Ther. 271:1143 (1994);

SCH 48936 ((+)-6a,7,8,9,9a,10,11,11a-octahydro-2,5-dimethyl-3H-pentalen(6a,1,4,5)imidazo[2,1-b]purin-4(5H)-one), see, e.g., Chatterjee et al., Circulation 90:I627 (abstract No. 3375) (1994);

KT2-734 (2-phenyl-8-ethoxycycloheptimidazole), see, e.g., Satake et al., Eur. J. Pharmacol. 251:1 (1994); and

E4021 (sodium 1-[6-chloro-4-(3,4-methylenedioxybenzyl)-aminoquinazolin-2-y] piperidine-4-carboxylate sesquihydrate), see, e.g., Saeki et al., J. Pharmacol. Exp. Ther. 272:825 (1995).

When using Zaprinast™ according to this invention, the preferred route of administration is intravenous or oral. The suitable dose range for Zaprinast™ or other PDE inhibitors may be determined by one of ordinary skill in the art.

scrubbed by exposure to NaOH solutions, baralyme, or sodalime. As an additional control, the F_iO_2 of the final gas mixture may also be assessed. If desired, the ventilator may have a gas scavenger added to the expiratory outlet to ensure that significant amounts of NO will not escape into the adjacent environment.

In a hospital or emergency field situation, administration of NO gas could be accomplished, for example, by attaching a tank of compressed NO gas in N_2, and a second tank of oxygen or an oxygen/N_2 mixture, to an inhaler designed to mix two sources; by controlling the flow of gas from each source, the concentration of NO inhaled by the patient can be maintained at an optimal level.

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A preferred PDE inhibitor is Zaprinast™ (M&B 22948; 2-o-propoxyphenyl-8-azapurin-6-one; Rhone-Poulenc Rorer, Dagenham Essex, UK). Examples of other PDE inhibitors that may be used in the practice of the present invention are:

WIN 58237 (1-cyclopentyl-3-methyl-6-(4-pyridyl)pyrazolo[3,4-*d*]pyrimidin-4-(5H)-one), see, e.g., Silver et al., J. Pharmacol. Exp. Ther. 271:1143 (1994);

SCH 48936 ((+)-6a,7,8,9,9a,10,11,11a-octahydro-2,5-dimethyl-3H-pentalen(6a,1,4,5)imidazo[2,1-b]purin-4(5H)-one), see, e.g., Chatterjee et al., Circulation 90:I627 (abstract No. 3375) (1994);

KT2-734 (2-phenyl-8-ethoxycycloheptimidazole), see, e.g., Satake et al., Eur. J. Pharmacol. 251:1 (1994); and

E4021 (sodium 1-[6-chloro-4-(3,4-methylenedioxybenzyl)-aminoquinazolin-2-y] piperidine-4-carboxylate sesquihydrate), see, e.g., Saeki et al., J. Pharmacol. Exp. Ther. 272:825 (1995).

When using Zaprinast™ according to this invention, the preferred route of administration is intravenous or oral. The suitable dose range for Zaprinast™ or other PDE inhibitors may be determined by one of ordinary skill in the art.

Assessment of pulmonary vascular pressure and flow

Pulmonary artery pressure is most accurately monitored with a flow-directed pulmonary artery (PA) catheter, placed percutaneously via a vein of a patient under local anaesthesia; PA flow is usually measured using thermaldilution via such a PA catheter. Alternative methods exist for indirect, non-invasive monitoring: e.g., cardiac ultrasound, monitoring of systolic time intervals, and range-gated doppler techniques. These alternative methods of monitoring may be superior whenever catheterization is impracticable, such as in emergency situations, in patients who are not good candidates for catheterization, or in on-going treatments or established protocols.

Pharmacological effect of nitric oxide

It is likely that inhaled NO acts by diffusing into the vascular space adjacent to the alveoli and causing relaxation of pulmonary vascular smooth muscle, thus permitting an increase in pulmonary blood flow and gas exchange. Preliminary evidence obtained in five humans with severe acute respiratory failure demonstrates that NO (approximately 20 ppm) inhaled during mechanical ventilation for periods up to one month reduces both pulmonary arterial pressure and Q_{VA}/Q_T (the right-to-left shunt: a measure of pulmonary oxygen transport inefficiency), thereby producing a marked increase of the patients' blood oxygen levels. This suggests that NO vasodilation occurs only in ventilated alveoli and not in non-ventilated or collapsed alveoli, in marked contrast to results observed following intravenously administered vasodilators such as nitroprusside. By localizing delivery of NO in a gaseous form directly to the lungs, the dissolved NO can immediately exert its pharmacological effect on target vascular smooth muscle, prior to inactivation of the NO by binding to hemoglobin.

At the same time, the rapid binding of NO to hemoglobin ensures that any vasodilatory action of inhaled NO is solely a local or selective effect in the blood vessels of the lung, with no concomitant vasodilation downstream in the systemic circulation.

Diagnosis and treatment of chronic pulmonary hypertension

Chronic pulmonary hypertension is characterized by the obstruction or structural narrowing of blood vessels in the lungs. To the extent that the chronic condition of a particular patient is caused or aggravated by spastic constriction of pulmonary vascular smooth muscle or bronchoconstriction, it may be at least partially ameliorated by inhalation of NO: such cases susceptible to treatment with NO, and potentially with systemic vasodilators, are readily identified by their response to a brief NO inhalation test (e.g., six minutes inhaling 80 ppm NO alternating with six minutes inhaling air without added NO, repeated for two to four cycles), while measuring PAP, PCWP, and cardiac output. Responsive cases (e.g., those in which the PVR is reduced by 20% or more) can then be treated either with portable NO inhalation therapy, with inhalation of NO-releasing compounds in solid or liquid form, or with NO-releasing systemic vasodilatory drugs such as glyceryl trinitrate or other non-specific systemic dilators (e.g., calcium channel blockers).

NO-releasing compound inhalation therapy for pulmonary vasoconstriction

The finding that inhalation of gaseous NO can effectively reverse certain forms of pulmonary vasoconstriction suggests yet another mode of inhalation therapy for pulmonary vasoconstriction, wherein an NO-releasing compound, rather than gaseous NO, is inhaled. This method will provide a longer-lasting beneficial effect than briefly inhaling gaseous NO, as the deposited

NO-releasing compound would slowly release NO over a relatively long period of time. Formulation and dosage of a selected NO-releasing compound can be determined without undue experimentation by one of ordinary skill in the art. As one example, a typical single inhaled dose of an NO-releasing compound such as S-nitroso-N-acetylpenicillamine (SNAP) or S-nitrosocysteine in dry powder form could range from 60 to 650 μg of the active compound (NO) per kg bodyweight, for approximately an hour of dilation. In sheep with experimentally-elevated PA pressure, inhalation of SNAP at 1.3 mg/kg produced a prolonged reduction in PA pressure.

Inhalation therapy for asthma

Like pulmonary vasoconstriction, spastic constriction of the airways such as occurs in asthma attacks can be reversed by inhalation of either gaseous NO or an NO-releasing compound in solid or liquid form. Gaseous NO would have the advantage of rapid diffusion without particles, and would also vasodilate the bronchodilated region, thereby improving arterial oxygen tensions. Concomitant treatment with a PDE inhibitor (delivered by inhalation or by any other acceptable route) increases the length of time that a given dose of NO is clinically effective. Administration would be as described above, and would typically be initiated upon the onset of an attack or when an attack is thought to be imminent. If chronic bronchodilation of a given patient is needed, the patient's entire ambient atmosphere could be charged with NO gas at a low dose (at a high gas turnover rate), such as with a mask or tent.

Inhalation devices

The inhalation therapy of the invention is preferably administered by the use of one of the

inhalation devices of the invention. One of such devices 10 is illustrated in cross-section in Fig. 17, which shows a housing 14 defining a chamber 20 in communication with a lumen 16; a vessel 12 containing pressurized gas having at least 1 ppm nitric oxide dissolved in a liquified propellant or compressed inert gas which contains a suspension of a solid or liquid PDE inhibitor, which vessel 12 is slidably mounted in the chamber 20; a pressure-activated valve mechanism 18 for controllably releasing the pressurized contents of the vessel 12 into the lumen 16; and, constituting one end of the lumen 16, a rebreathing chamber 22 having one-way valves 24 through which air 28 can enter the rebreathing chamber 22, but through which the therapeutic gas cannot escape. A patient utilizes the device by pushing the upper end 26 of the vessel 12 which protrudes from the housing 14, thereby sliding the vessel 12 down into the chamber 20 and depressing the valve mechanism 18. This causes the pressurized contents of the vessel 12 to be released into the lumen 16 and the rebreathing chamber 22. The patient then inhales a portion of the contents of the rebreathing chamber 22, drawing air 28 through the one-way valve 24 into the rebreathing chamber 22 to replace the portion of the contents inhaled by the patient. A single dose of the therapeutic agent released from the vessel 12 into the rebreathing chamber 22 may take several breaths to be sufficiently inhaled by the patient. The total weight of this device would be less than 200 grams, so that it is readily portable.

In another preferred embodiment 100, illustrated in Fig. 18, the housing 102 defines (a) a first chamber 104 containing an inhalable PDE inhibiting compound 106 and (b) a lumen 108 in communication with the first chamber 104. A vessel 110 containing pressurized gas or liquified propellant comprising at least 0.1 ppm nitric

oxide is slidably mounted in a second chamber **112** of the housing **102**, such that pressure applied to the top of the vessel **114** causes a pressure-release valve located at the bottom of the vessel **116** to be depressed against the wall of the housing **102**, thereby opening the valve and releasing a portion of the pressurized contents of the vessel **110** into the first chamber **104**. The pressurized gases so released mix with and suspend as an aerosolized mist the compound **106** in the first chamber **104**. This mist is then inhaled by the patient through the open mouthpiece end **118** of the lumen **108**. At the option of the patient, tab **120** on spring-loaded hinge **122** may be manually depressed by the patient prior to and during the opening of the pressure release valve **116**; this acts to temporarily close off the first chamber **104** from the path of the released pressurized gases, which then escape directly into the lumen **108**, bypassing the first chamber **104** in which is located the PDE inhibiting compound **106**. By first inhaling the nitric oxide-containing gas without the compound **106** suspended therein, the patient's airways are sufficiently opened to maximize the potential benefits of subsequently inhaling the PDE inhibiting compound **106**, so the patient then releases tab **120**, again pushes down on the top of the vessel **114** to open valve **116**, and inhales from the open end mouthpiece **118** of lumen **108** the compound **106** suspended in the pressurized gases so released.

Experimental Information

The applicants submit the following experimental animal and human data and approved protocol for human studies as examples in support of the application.

1. PULMONARY VASODILATION

A. Administration of gaseous nitric oxide to lambs

i. Methods

Surgical preparation of the animal model:

Eight Suffolk lambs weighing 25-35 kg underwent a sterile thoracotomy in order to place a left atrial line, tracheostomy and femoral artery line under general endotracheal anesthesia with halothane/oxygen three days before study. After three days of recovery the lambs underwent sterile placement of a 7 French thermal dilution pulmonary artery monitoring catheter under local anesthesia.

Study conditions:

Awake unanesthetized lambs were studied in order to avoid general anesthesia which can blunt hypoxic vasoconstriction. Lambs were placed in a Babraham cage and allowed to drink and eat ad lib. Two studies were performed 2 days apart on each of six lambs. After the study the lambs were sacrificed with an overdose of barbiturate and their lungs were fixed, stained and examined by light microscopy for pathological changes.

Administration of NO to lambs with pulmonary vasoconstriction induced with U46619:

On the first study day lambs breathing 60-70% oxygen were given an infusion of a potent pulmonary vasoconstrictor, the stable endoperoxide analog (5Z, 9α, 13E, 15S)-11,9-(Epoxymethano)prosta-5,13-dien-1-oic acid (U46619, The Upjohn Company, Kalamazoo, MI) of thromboxane at a rate of 0.4-0.8 μg/kg/min. The tracheostomy was connected to a non-rebreathing circuit consisting of a 5 liter reservoir bag and one way valves to isolate inspired from expired gas. Expired gas was scavenged and discarded. The inspired gas was a precise mixture of oxygen and nitrogen immediately diluted with NO to produce the correct inspired concentration. Using volumetrically calibrated flowmeters, varying quantities

of NO were mixed with N_2 to obtain the desired inspired NO concentration at an inspired oxygen concentration (F_iO_2) of 0.6-0.7. The reservoir bag was emptied after each level of NO inhalation. The residence half time of NO in the gas reservoir was 15 seconds or less to minimize conversion to NO_2. NO was obtained from Air Products and Chemicals, Inc., Allentown, PA as a mixture of 235 ppm NO in pure N_2. Chemiluminescence analysis demonstrated less than 12 ppm NO_2 in this mixture. Fontijin, Anal. Chem. 27:1903 (1981).

A pulmonary vasodilator dose response curve plotting changes in PAP as a function of inhaled NO concentration during U46619 infusion was produced for eight lambs breathing a series of increasing NO/O_2 mixtures of 5, 10, 20, 40, and 80 ppm NO for six minutes (Fig. 1). Each level of NO exposure was followed by six minutes of breathing the oxygen mixture without NO (Fig. 2). A second exposure to NO was examined for similar periods. Subsequently, a control period breathing the oxygen mixture was studied six minutes after ceasing U46619 infusion. At each three and six minute time period after administering or discontinuing NO during the study, we measured mean and phasic pulmonary artery pressure (PAP), left atrial pressure (LAP), systemic arterial pressure (SAP) and central venous pressure (CVP). All pressures were recorded on a Hewlett Packard multi-channel strip chart recorder with transducers zeroed to atmospheric pressure at the mid point of the thorax (e.g., see Fig. 3). Cardiac output (CO) was measured by thermal dilution as the average of two determinations injecting 5 ml of 0°C Ringers lactate. Pulmonary vascular resistance (PVR) and systemic vascular resistance (SVR) were computed by standard formulae; PVR measured at each inhaled NO concentration is shown in

Fig. 4. Appropriate statistical analyses were performed, and all data were expressed as mean ± standard error.

Administration of NO to lambs with pulmonary vasoconstriction induced by hypoxia:

Five awake lambs were studied during a period of breathing a hypoxic gas mixture to induce acute hypoxic pulmonary hypertension. Three lambs were excluded due to sepsis and heart failure. Hemodynamic monitoring techniques similar to those described above were used. We employed a non-rebreathing circuit containing a 25 liter reservoir bag and the F_iO_2 was reduced to 0.06-0.08 to produce a mean PAP near 25 mm Hg at a P_aO_2 near 30 mm Hg. Either 40 or 80 ppm NO was then added to the inspired gas mixture. Total gas flows were maintained at 35 l/min to prevent rebreathing due to hyperventilation. The inspired F_iO_2 was monitored with an electrode (model 5590, Hudson Co., Temecala, CA) and pure CO_2 was added to the inspired gas to maintain the end tidal CO_2 concentration at 4.5-6%. Measurements of central hemodynamics and gas exchange were obtained at baseline, during hypoxia, and at 3 and 6 minutes of NO breathing during hypoxia. Comparisons were performed using paired t-tests.

ii. Results

Two control lambs with no drug infusion breathed 80 ppm NO at an F_iO_2 of 0.6-0.7. There was no change of mean PAP, SAP, CO or SVR in these lambs.

In eight lambs regression analyses of NO concentration during U46619 infusion vs. SVR, CO or mean SAP showed no significant change. However, all dose levels of NO inhalation produced a prompt reduction of the pulmonary vasoconstriction and pulmonary hypertension caused by U46619 infusion (Figs. 1, 2). The onset of

pulmonary vasodilation occurred within seconds after beginning NO inhalation. The vasodilator effect was nearly maximal within three minutes (Fig. 3). Ceasing to inhale NO caused a return to the prior level of vasoconstriction within three to six minutes. The inhaled NO pulmonary vasodilator response curve of eight lambs is shown in Fig. 1. 5 ppm NO (an inhaled lung dose of 0.89 μg/kg/min) significantly reduced the PA pressure, and an almost complete vasodilator response occurred by inhaling 40 or 80 ppm. After considering the minor reduction over time of baseline PAP during U46619 infusion, comparison of the vasodilator response of the second exposure to breathing 5, 10 and 20 ppm NO demonstrated no significant reduction from the prior series of exposures (Fig. 2). An additional study of four lambs inhaling 80 ppm NO for one hour during U46619 infusion demonstrated pulmonary vasodilation to a normal PAP, with pulmonary hypertension recurring after NO inhalation.

All five lambs in which acute hypoxic pulmonary hypertension had been induced demonstrated a marked increase of cardiac output. In each instance when 40 or 80 ppm of NO was added to the inspired hypoxic gas mixture, pulmonary artery pressure returned to control levels despite the maintenance of elevated cardiac output; mean PVR dropped 33% (Table 1). The P_aO_2 and P_vO_2 during hypoxia with and without NO were similar.

TABLE 1

ALTERATIONS OF HEMODYNAMICS AND GAS EXCHANGE

	CONTROL	HYPOXIA	HYPOXIA + 40-80 PPM NO
F_iO_2	0.21	0.06 - 0.08	0.06 - 0.08
P_aO_2 (mm Hg)	70.8 ± 4.4	28.2 ± 1.4*	31.1 ± 1.7*
P_vO_2 (mm Hg)	36.8 ± 2.5	16.6 ± 1.8*	19.8 ± 3.2
P_aCO_2 (mm Hg)	33.9 ± 1.4	38.6 ± 2.6	40.0 ± 2.7
pHa	7.47 ± 0.01	7.42 ± 0.03	7.40 ± 0.03
PAP (mm Hg)	16.7 ± 0.6	28.3 ± 2.2*	18.7 ± 1.1#
LAP (mm Hg)	5.2 ± 0.8	6.4 ± 0.5	4.2 ± 1.0
CO (l/min)	4.55 ± 0.13	7.08 ± 0.22*	7.56 ± 0.79*
PVR (mm Hg/l/min)	2.51 ± 0.11	3.07 ± 0.25	2.01 ± 0.35#
SAP (mm Hg)	103 ± 6	113 ± 7	106 ± 5#
CVP (mm Hg)	3.0 ± 1.3	3.5 ± 0.8	2.8 ± 1.6
SVR (mm Hg/l/min)	21.7 ± 1.4	16.2 ± 0.9*	13.7 ± 1.0*

n=5, mean ± S.E.
* p<.01 value differs from control
# p<.01 NO+hypoxia value differs from hypoxia

iii. Further Experiments

Figs. 5a and 5b illustrate the ability of 180 ppm inhaled NO to prevent the elevated PAP and PVR caused by the heparin-protamine reaction in nine awake sheep as compared to control air-breathing sheep. The heparin-protamine reaction was induced in these nine sheep by first administering heparin (200 U/kg; Elkins-Sinn, Cherry Hill, NJ) followed five minutes later (at time zero) by protamine (2 mg/kg; Elkins-Sinn). Each of these sheep also served as a control. Six additional sheep were given an intravenous infusion of sodium nitroprusside (40 μg/kg/min body weight; Elkins-Sinn) while breathing air (data not shown). The 180 ppm NO inhaled dose proved capable of lowering the heparin-protamine-induced PAP in this sheep model to a degree comparable to 40 μg/kg/min SNP infusion, and without the latter drug's propensity to cause marked systemic hypotension.

Lungs from three lambs which had breathed 80 ppm NO for 180 min were studied by light microscopy for evidence of morphological changes caused by breathing NO. No significant differences between these lungs and control lungs were observed.

B. Protocol for administration of gaseous NO to infants with Persistent Pulmonary Hypertension of the Newborn

The following is a description of an approved experimental protocol for the administration of NO to newborns at Massachusetts General Hospital.

Selection of participants:

Ten patients with persistent pulmonary hypertension of the newborn (PPHN) will be enrolled in the study.

a. Inclusion criteria

- infants under 1 week of age
- infants with arterial blood sampling sites in the pre- and post-ductal distribution
- infants requiring mechanical ventilatory support
- respiratory failure as defined by criteria of Short, Clin. Perinatol. 14:737-748, 1987
- infants may be receiving infusions of systemic vasodilators and/or buffers (bicarbonate)

b. Exclusion criteria

- prematurity as defined by a gestational age <37 weeks by examination, maternal-fetal ultrasound and dates
- birth weight <2500 g
- pulmonary hypoplasia as suggested by a history of oligohydramnios, congenital diaphragmatic hernia, congenital scoliosis, or features consistent with asphyxiating thoracic dystrophy
- unevacuated pneumothorax despite chest tube
- pneumopericardium or pneumomediastinum with hypotension
- fixed anatomic cardiac and vascular lesions (excluding isolated patent ductus arteriosus and patent foramen ovale)
- active pulmonary hemorrhage or platelet count <50,000/mm^3
- cranial ultrasound within 24 hours of study entry providing evidence of intracranial hemorrhage
- hyperviscosity as defined by a venous hematocrit ≥70% within 24 hours of birth

- sepsis, as defined by positive blood cultures for pathogenic organisms
- those who do not have informed consent from a parent or legal guardian

Study procedure:

Selected patients will be maintained in a supine position and will receive 3 μg/kg fentanyl for sedation, and 0.1mg/kg pancuronium bromide for muscle relaxation (unless so treated within the previous hour). The infant will be transported to the catheterization suite accompanied by an attending pediatric anesthesiologist, where a flow directed pulmonary artery catheter will be placed percutaneously via a femoral vein under local anesthesia. The catheter will directly measure pulmonary artery pressure in order to accurately assess the degree of pulmonary hypertension and vasodilatory response to NO inhalation. Upon return to the Neonatal ICU, the F_iO_2 will be adjusted to 0.90. The patient will be allowed to equilibrate during this control phase for 20 minutes after all necessary nursing and medical interventions have ceased. If improvement, as defined below, has not occurred, an arterial blood sample will be obtained from a post-ductal site. NO in nitrogen will then be introduced into the breathing circuit by continuous flow. A one way valve will prevent back flow of oxygen into the NO tank. The same F_iO_2 (0.90) and flow rate will be maintained. The initial concentration of inspired NO will be 20 ppm. Improvement will be defined as a P_aO_2 > 100 mm Hg and a A-aDO_2 of <570 mm Hg (post-ductal sample). If no change is noted the concentration of inhaled NO will be increased to 40 ppm at a constant F_iO_2 and flow rate. A post-ductal arterial blood gas will again be measured. If the same criteria are again not met, the NO concentration will be increased to 80 ppm and

a third arterial blood gas sampled. The breathing period for each concentration of NO will last 10 minutes.

Following termination of the treatment period, blood will again be obtained for arterial blood gas analysis. Samples will also be taken before and after NO exposure for analysis of methemoglobin and hemoglobin levels and reticulocyte count. A blood smear will be examined for evidence of Heinz bodies. These will be repeated 24 hours after treatment to assess any changes associated with NO breathing. The total volume of blood sampled will be less than 5 ml.

Statistical methodology:

Data will be assessed with an analysis of variance with repeated measures of unequal group sizes. Winer, "Single factor experiments having repeated measures on the same elements", in Statistical Principles in Experimental Design, 2d Ed., NY, McGraw-Hill, (1971), pp. 261-308. Post hoc testing will be with a Mann-Whitney U. Significance will be judged at the 5% level.

C. Results of administering NO to infants with persistent pulmonary hypertension of the newborn (PPHN)

First subject. Through compassionate use, nitric oxide was administered to an infant suffering from persistent pulmonary hypertension and congenital heart disease. As a result of prolonged ventilation, absence of a preductal arterial blood sampling site, and the existence of the atrial-ventricular (AV) canal, the patient was not included in the PPHN study mentioned above.

The patient was a 3225 gm, full term male who had been treated with extracorporeal membrane oxygenation (ECMO) because of the severity of his congenital heart disease and profound hypoxemia. He had been taken off

ECMO and was being maintained intubated and ventilated in the newborn intensive care unit. He subsequently became progressively hypoxemic, as reflected in his post-ductal pulse oximetry (POX) values. By the time he was taken to the catheterization laboratory to confirm the existence of the A-V canal and to determine if some emergent cardiac surgery was needed, he was receiving maximal medical and ventilatory life support and remained dangerously hypoxemic. Under these circumstances, we were granted consent to treat the patient with nitric oxide.

Upon arrival to the catheterization laboratory, the patient was extremely cyanotic. He was treated with fentanyl, oxygen, hyperventilation and intravenous fluid boluses to stabilize him prior to administering NO. As shown in Table 2, the catheterization revealed severe pulmonary hypertension and an A-V canal. The shunting did not appear to correct with treatment with oxygen or hyperventilation.

TABLE 2
HEMODYNAMICS AND BLOOD GAS VALUES FOR NO INHALATION TREATMENT OF INFANT WITH PPHN

	ARRIVAL	F_IO_2 1.0	F_IO_2 0.9	NO 20 ppm	NO 40 ppm	NO 80 ppm	OFF #1	NO 80 ppm	OFF #2
O_2 SAT (%)									
RA	23	61	67	67	72	74	14	-	-
PA	28	69	72	70	74	75	17	-	-
POSTDUCTAL									
ART	63	74	84	85	74	88	28	85	19
POX	-	89	91	91	93	94	21	90	24
POSTDUCTAL ARTERIAL PO_2 (mmHg):									
ART	30	43	48	46	50	51	21	48	16
MEAN PRESSURE (mmHg)									
RA	6	4	4	5	4	5	-	-	-
PA	57	52	47	50	52	53	-	-	-
ART	52	50	45	45	43	47	-	-	-

POX = pulse oximeter

We utilized a regulator to step-down the pressure of the NO into a blender, which allowed us to adjust the relative amounts of the 800 ppm NO/N_2 and 100% N_2 supplies. Treating the patient with pure oxygen, we increased the flow of N_2 through a flow regulator into the inspiratory circuit of the breathing circuit of the breathing cicuit until the F_IO_2 was 0.9. The effects are shown in Table 2. This provided a 1:10 dilution of the nitrogen gas. We then used the blender to adjust the relative amounts of N_2 and NO/NO_2 to provide 0 to 80 ppm of NO.

The data in Table 2 demonstrate that exposure to NO had no adverse effect on systemic blood pressure ("Mean Pressure-Art"), while inducing a modest increase in arterial saturation, pulse oximetry values, and arterial partial pressure of oxygen. This may reflect a stabilizing effect of the gas during this period. After the nitric oxide was discontinued and the central catheters were removed, the arterial saturation and oxygen gas tension precipitously dropped. The RA and PA values could not be determined, as the catheters had been removed. As other attempts to resuscitate the patient were failing, the nitric oxide was restarted in an attempt to improve the baby's condition. It succeeded in improving the oxygen saturation and blood gas tension. In a subsequent attempt to wean the patient off nitric oxide, again the patient's oxygenation level deteriorated to dangerously low levels. The patient was maintained on nitric oxide and returned to the newborn intensive care unit.

While in the intensive care unit, prostaglandin E1 was infused into the patient in an attempt to dilate the pulmonary vasculature. Despite a standard dosage of prostaglandin, nitric oxide could not be discontinued without the return of dangerously low oxygen saturations.

The patient remained on nitric oxide until he could be placed on ECMO. This trial demonstrated the utility of nitric oxide in improving gas exchange in this patient with pulmonary hypertension and congenital heart disease.

Subsequent subjects. Two more infants with PPHN have been treated by NO inhalation. Both had an excellent response to breathing NO at 20-80 ppm, showing increases in preductal oxygenation, and both survived longterm. One of the infants showed such rapid improvement with NO inhalation alone that ECMO was altogether avoided.

D. Results of administering NO to adults with Adult Respiratory Distress Syndrome

First subject. The patient, a 42-year old woman, had suffered for three weeks from adult respiratory distress syndrome (ARDS) due to aspiration pneumonia. There was diffuse pulmonary edema and a large Q_{VA}/Q_T (30%). After 21 days of venovenous extracorporeal membrane oxygenator support (3 liters/min blood flow), the mean PAP was 55 mm Hg.

The short term effects of inhaled nitric oxide were compared with those of i.v. prostacyclin (PGI_2; 5ng/kg/min). Mean pulmonary arterial pressure (PAP), right ventricular ejection fraction (RVEF) and gas exchange variables were evaluated. RVEF was assessed by thermodilution, and gas exchange alterations were analyzed using the multiple inert gas elimination technique (MIGET). MIGET and RVEF data were obtained on two different occasions. Ventilator settings were tidal volume 6 ml/kg, respiratory rate 14/min, F_iO_2 0.4-0.48 and 5 cm H_2O of PEEP (positive end expiratory pressure).

TABLE 3

HEMODYNAMIC RESULTS OF TREATMENT OF ADULT WITH PULMONARY HYPERTENSION

		PGI2	Control	NO 18ppm	NO 36ppm	Control
#1	PAP(mm Hg)	46	54	42	37	49
	PCWP(mm Hg)	12	15	15	15	14
	MAP(mm Hg)	81	86	78	75	80
	PaO_2 (torr)	74	104	146	127	100
	Q_A/Q_T %	57	38	26	33	30
	low V_D/Q%	0	2	1	0	0
	V_D/V_T%	51	47	43	40	41
#2	PAP(mm Hg)	42	52	38	36	50
	PCWP(mm Hg)	14	14	14	12	14
	MAP(mm Hg)	86	91	88	86	88
	PaO_2 (torr)	81	84	127	113	90
	RVEF%	42	27	36	39	28

As illustrated in Fig. 6 and in Table 3, inhaled NO lowered PAP and improved RVEF as did i.v. PGI_2, but, in contrast to PGI_2, NO increased PaO_2 and decreased right-to-left shunt and V_D/V_T. Inhalation of 18 ppm NO in oxygen caused a reduction of mean PAP to 38-42 mm Hg (a decrease of 12-14 mm Hg) and reduced the PVR by 44%, the wedge pressure remaining constant near 15 mm Hg and the cardiac output near 7 liters/min and unchanged. There was a small additional vasodilation (2-5 mm Hg) caused by increasing the NO concentration to 36 ppm. Vasodilation with NO was sustained for about 1 1/2 hours, when administration was electively ceased. During NO inhalation, the Q_{VA}/Q_T, measured with sulphur hexafluoride, decreased from 38% to 26% (18 ppm NO) and 33% (36 ppm NO). There was no change of systemic arterial pressure with inhaled NO: unlike the systemic vasodilator PGI_2, which increased Q_{VA}/Q_T to 57%, inhaled NO predominantly vasodilates the vasculature of ventilated lung regions. This trial is a clear demonstration of the selective ability of low levels (18-36 ppm) of inhaled NO to act as a potent pulmonary vasodilator in a patient with severe acute lung injury (ARDS), without increasing the shunt.

Subsequent subjects. Nine additional patients have been treated for ARDS by NO inhalation, for periods up to 28 days. Seven survived in spite of their severe respiratory distress symptoms, displaying marked reductions of Q_{VA}/Q_T during NO breathing, as well as a reduced PAP. No important increase of methemoglobin levels was observed. These results indicated that NO inhalation for up to several weeks is a promising therapy for acute respiratory failure.

E. Results of administering NO to humans with normal (non-constricted) and hypoxic (constricted) lungs

The effects of breathing 40 ppm NO were studied in five awake, healthy human volunteer subjects inhaling various gas mixtures for 10 min periods, with measurements starting at 6 min. Table 4 shows that in subjects breathing air with a normal (21% v/v) O_2 concentration, and whose lungs therefore were not vasoconstricted, NO has no pulmonary or systemic vasodilatory effect.

TABLE 4

EFFECTS OF 40 PPM NO ON THE NON-CONSTRICTED HUMAN LUNG

		Air (21% O_2)	Air (21%O_2) + 40 ppm NO	Air (21% O_2)
PAP	mmHg	13.7±1.7	14.0±1.8	15.4±2.8
PCWP	mmHg	9.1±1.7	10.1±2.5	9.9±2.2
CO	l/min	6.40±0.92	6.40±0.88	6.95±1.18
PVR	mmHg·min/l	0.72	0.61	0.79
MAP	mmHg	87.4±6.0	88.0±3.7	90.2±5.4
CVP	mmHG	5.7±1.4	6.3±1.7	6.1±1.6
PaO_2	mmHg	99.6±7.5	94.7±16.3	95.3±14.5
$PaCO_2$	mmHg	38±6	38±5	39±4
SaO_2	%	97.6±0.4	96.0±1.0	97.1±1.2

Values given as X±S.D. n=5

In contrast, the same subjects breathing a relatively low level of oxygen (12% v/v) exhibited hypoxia-induced pulmonary vasoconstriction with elevated PAP and PVR, an effect that could be reversed completely by adding 40 ppm NO to the inhaled gas mixture (Table 5).

TABLE 5

EFFECTS OF 40 PPM NO ON THE HYPOXIC, VASCONSTRICTED HUMAN LUNG

		Air (21% O_2)	12% O_2	12% O_2 + 40 ppm NO	12% O_2	Air (21% O_2)
PAP	mmHg	14.3±2.3	19.1±2.6#	13.7±1.7*	15.7±2.2	14.5±1.5
PCWP	mmHg	8.8±1.9	8.5±1.3	8.5±2.2	9.2±1.6	9.7±1.9
CO	l/min	6.65±0.95	8.66±1.87	8.37±1.68	8.5±1.9	7.06±1.84
PVR	mmHg·min/l	0.83	1.22	0.62	0.76	0.68
MAP	mmHg	88.8±6.9	89.4±8.4	86.0±5.7	84.4±7.6	88.4±6.3
CVP	mmHg	5.9±3.0	5.6±2.2	5.2±2.6	5.0±1.9	6.2±1.6
PaO_2	mmHg	99±14	47±5	45±5	45±8	93±16
$PaCO_2$	mmHg	40±4	35±3	34±5	33±6	39±6
SaO_2	%	97.5±1.0	85.4±3.4	83.9±5.7	82.6±11	96.8±1.3

n=5, X±S.D. # $p<0.01$ value differs from value in first column
* $p<0.01$ value differs from the previous situation

2. AIRWAY SMOOTH MUSCLE DILATION

A. Methods

Animal preparation

Male Hartley strain guinea pigs (300-440g body wt) were anesthetized with α-chloralose (50 mg/kg) and urethane (500 mg/kg) (Drazen et al., J. Appl. Physiol. 48:613-618, 1980). A tracheostomy was performed, and the animals were intubated with a tubing adaptor (ID 1.65 mm) and ventilated with a small animal ventilator (Harvard Apparatus, a division of Ealing Scientific, Natick, MA) at 8 ml/kg and 60 breaths/min. A jugular vein was cannulated for intravenous administration of drugs. The chest was opened by bilateral excision of a portion of the ribs anteriorly so that the lungs were exposed to atmospheric pressure (Shore and Drazen, J. Appl. Physiol. 67:2504-2511, 1989). A positive end expiratory pressure of 3-4 cmH_2O was provided.

Material

Guinea pigs were then placed inside a plethysmograph (Amdur and Mead, Am. J. Physiol. 192:363-368, 1958), that was connected to a large reservoir containing copper mesh to maintain the plethysmograph isothermal. Plethysmograph pressure was measured with a differential pressure transducer (Celesco, Canoga Park, CA); the opposite side of this transducer was connected to a similar reservoir. Pressure at the airway opening was measured from a side tap in the tracheal canula. Transpulmonary pressure was measured with a differential pressure transducer (Celesco) as the difference between airway opening pressure and the pressure inside the plethysmograph. Flow was obtained by electrical differentiation of the volume (plethysmograph pressure) signal. Tidal volume was measured by recording the pressure changes in the body plethysmograph. Volume,

flow, and transpulmonary pressure signals were recorded on a strip chart (General Scanning, Watertown, MA). Pulmonary resistance and dynamic compliance were calculated by a computer program according to the method of von Neergard and Wirz (Z. Klin. Med. 105:35-50, 1927; Z. Klin. Med. 105:52-82, 1927).

The apparatus and conditions used are diagrammed in Fig. 7. The inspired gas was a precise mixture of nitrogen and oxygen blended via a Y piece tube and immediately diluted with nitric oxide (NO) to produce the correct inspired concentration in a 5 liter gas mixture bag. With volumetrically calibrated flowmeters, varying quantities of NO mixed with N_2 were substituted for pure N_2 to obtain the desired NO concentration at an inspired oxygen concentration (FIO_2) of 0.30-0.32. The total inflow gas rate was maintained at 2.5 l/min. The gas mixture was then sent via a 3 cm ID tube filled with 90 ml of soda lime to scavenge nitrogen dioxide (Stavert and Lehnert, Inhal. Toxicol. 2:53-67, 1990), then through a filter before the ventilator. Just after the ventilator inflow tube, a vacuum was adjusted to maintain the gas mixture bag nearly empty and continuously drive fresh gas into the ventilator circuit. The expiratory gas from the ventilator was scavenged with a vacuum and set up to maintain a positive end expiratory pressure of 3-4 cm H_2O. NO was obtained from Air Products and Chemicals, Inc. (Allentown, Penn) as a mixture of 1,034 ppm NO in pure nitrogen. A chemiluminescence NO/NO_x analysis (Fontijin et al., Anal. Chem. 42:575-579, 1970) was performed before and after the soda lime filled tube, and just before the inspiratory valve of the ventilator (see Fig. 7) to assess the nitrogen dioxide concentration and adjust the flowmeters to provide the different levels of NO concentration.

Protocol

Twenty-four guinea pigs were studied. Three series of studies were completed on three separate groups of animals.

Group A

Nine guinea pigs were included in 3 sets of measurements.

i. NO effects on normal bronchial tone. After baseline measurements of tidal volume, lung resistance and dynamic compliance, the effects on baseline bronchial tone of inhaling 300 ppm NO at FIO_2 0.30-0.32 for 6 to 10 minutes were evaluated (Fig. 8).

ii. Dose-response study of intermittent NO inhalation during methacholine infusion. After baseline measurements, the same guinea pigs were given an intravenous infusion of a potent bronchoconstrictor, methacholine, at a rate of 2.5-7.5 μg/kg/min in order to reach a medium level of bronchoconstriction (3 to 4 fold the baseline lung resistance). After a stable period, each animal was ventilated with a series of gas mixtures of 5, 10, 25, 50, 100 and 300 ppm NO for 10 minutes at constant FIO_2 (0.30-0.32). After each level of NO exposure, lungs were inflated to total capacity to minimize the effects of airway closure. A second exposure to 10 and 50 ppm NO for 10 minutes was performed, and each guinea pig was examined for the occurrence of acute tolerance. After the last level of NO ventilation, methacholine infusion was stopped and measurements done after a stable period of lung mechanics to obtain the reference point for the dose-response study. Only then were the lungs inflated to total lung capacity to reach a stable new baseline value (see Figs. 9-12).

iii. Study of tolerance to 1 hour of NO inhalation during methacholine infusion. Guinea pigs were given an infusion of methacholine to raise bronchial

tone 3 to 4 fold, after which the animals were ventilated with a 100 ppm NO gas mixture for 1 hour at FIO_2 0.30-0.32. Repeated airway measurements were obtained every 5 minutes and then 5 and 10 minutes after ceasing NO inhalation. Methacholine infusion was then discontinued and repeated measurements were obtained after a stable period of lung ventilation, and once again after lung inflation to total lung capacity. Methemoglobin levels were measured (Zwart et al., Clin Chem 27:1903-1907, 1981) at the time of the surgical procedure and again after the tolerance study (Fig. 13).

Group B.

Ten guinea pigs were included in 2 sets of experiments.

i. Study of tolerance of 80 minutes of methacholine infusion alone. To evaluate the stability of this bronchoconstrictor model, guinea pigs were given an infusion of methacholine at a rate of 2.5-7.5 μg/kg/min to reach the same level of bronchoconstriction as in the 1 hour NO inhalation study (see Fig. 13). Animals were ventilated with an oxygen/nitrogen gas mixture at constant FIO_2 (0.30-0.32). Repeated measurements were obtained every 5 minutes. At 10 and 70 minutes, flowmeters were adjusted to simulate NO ventilation. Methacholine infusion was then discontinued. Repeated measurements were obtained after a stable period of lung mechanics, and once again after lung inflation to total lung capacity.

ii. Study of co-regulation of airway smooth muscle tone by cyclic-AMP- and cyclic-GMP-dependent mechanisms. After baseline measurements, 5 guinea pigs were given a methacholine infusion to raise their lung resistance to the medium level of bronchoconstriction. The guinea pigs received first a terbutaline aerosol followed 10 minutes later by a 100 ppm NO inhalation for 6 minutes, while maintaining a constant FIO_2 (0.30-

0.32). The terbutaline aerosol was given as follows: 4 ml of a 40 μg/ml terbutaline solution was placed in the reservoir of a nebulizer (Respigard II) and driven by 4 l/min air. The nebulizer was connected via a stopcock to the Y piece of the ventilator circuit and to a tube immersed in 3-4 cm water. At the time of the nebulization, the ventilator was disconnected so that the nebulizer circuit was connected to the airway and 20 nebulized breaths of terbutaline at the same tidal volume were given. Then the ventilator was reconnected, and the nebulizer disconnected. At the end of the study, methacholine infusion was discontinued until stable lung mechanics had returned, and then the lungs were inflated to total lung capacity to reach a final baseline value. Repeated respiratory mechanics measurements were obtained and every 2 minutes during the NO and terbutaline periods (Figs. 14 and 15).

Group C:

Study of S-nitroso-N-acetylpenicillamine (SNAP) during methacholine bronchoconstriction. SNAP was prepared according to the method described in Field et al., J. Chem. Soc. Chem. Comm. (1978), 249-250, and was stored as crystals at 0°C for up to 120 days without detectable degradation (as assayed by absorbance at 595 nm).

After obtaining baseline respiratory measurements, 5 guinea pigs were given a methacholine infusion to raise their lung resistance to a medium level of bronchoconstriction. After two minutes, each guinea pig received a SNAP aerosol. The SNAP aerosol was given as follows: 200 mM of SNAP dissolved in an ethanol/water mixture (4 ml) was placed in the reservoir of a nebulizer (Respigard II) and driven by 4 l/min air. The nebulizer was connected via a stopcock to the Y piece of the

ventilator circuit and to a tube immersed in 4 cm water. At the time of nebulization, the ventilator was disconnected so the nebulizer circuit was connected to the airway and 20 nebulized breaths of SNAP at the same tidal volume were given. Then the ventilator was reconnected and the nebulizer disconnected. At the end of the study (15 minutes) the methacholine infusion was discontinued until stable lung mechanics had returned; then the lungs were inflated to total lung capacity to reach a final baseline value. Repeated respiratory mechanics measurements were obtained every two minutes (Fig. 16).

B. Results

Inhalation of nitric oxide-containing gas mixtures produced a consistent, rapid and profound reduction of lung resistance and an increase of lung compliance (Figs. 9-12). Onset of dilation was rapid, beginning within a few seconds after inhalation. Nitric oxide inhalation reversed the profound bronchoconstriction caused by methacholine infusion, but also decreased the baseline bronchomotor tone of the anesthetized guinea pig without a methacholine infusion (Fig. 8). Nitric oxide inhalation produced bronchodilation at very low doses (5 ppm), although a greater and more rapid reduction of airway resistance was obtained at 100 or 300 ppm NO (Figs. 10, 11 and 12). Complete reversal of methacholine bronchoconstriction occurred at 300 ppm NO. There was no tolerance produced by NO breathing, since breathing 100 ppm NO effectively and stably reduced the airway resistance for one hour (Fig. 13). Methemoglobin levels remained below 5% after one hour of breathing 100 ppm NO. This model of producing airway constriction by methacholine infusion produced stably increasing levels of airway resistance for up to one hour (see Fig. 13),

establishing the reliability and reproduceability of the above-described studies on the efficacity of NO as a bronchodilator.

During a methacholine infusion, the bronchodilating effects of No are additive with the effects of inhaling a commonly nebulized bronchodilator, the β_2 agonist, terbutaline (Fig. 14). We have observed this additive bronchodilating effect to occur whether NO gas is administered before (Fig. 14) or after (Fig. 15) terbutaline. SNAP, a nitric oxide donor molecule, was nebulized for 20 breaths into the airways of 5 methacholine-bronchoconstricted guinea pigs. In each animal a prompt and profound reduction of lung resistance was produced which lasted about 15 minutes (Fig. 16). Thus, inhalation of NO donor compounds can also produce bronchodilation.

3. PROLONGATION OF ACTION OF INHALED NO BY PDE INHIBITOR

Both nitric oxide (NO) and endothelium-derived relaxing factor (EDRF) are produced from L-arginine by nitric oxide synthases (NOS). It has been proposed that, once liberated from endothelial cells, NO activates soluble guanylate cyclase and produces vasorelaxation by inducing an increase of guanosine-3',5'-cyclic monophosphate (cGMP) levels in subadjacent smooth muscle cells (Ignarro, Ann. Rev. Pharmacol. Toxicol 30:535-60, 1990; Ignarro, Circ. Res. 65:1-21, 1989; Johns, J. Cardiothorac. Vasc. Anesth. 5:69-79, 1991; Johns, (editorial) Anesthesiology 75:927-931, 1991; Ignarro, Biochem. Pharmacol. 41:485-490, 1991; Moncada et al., Pharmacol. Reviews 43:109-142, 1991). Zaprinast™ (M&B 22948; 2-o-propoxyphenyl-8-azapurin-6-one, Rhone-Poulenc Rorer, Dagenham Essex, UK) selectively inhibits the hydrolysis of cGMP with minimal effects on the breakdown

of adenosine 3',5'-cyclic monophosphate (cAMP) in vascular smooth muscle cells in isolated vascular rings (Trapani et al, J. Pharmacol. Exp. Ther. 258:269-274, 1991; Harris et al., J. Pharmacol. Exp. Ther. 249:394-400, 1989; Lugnier et al., Biochem. Pharmacol. 35(10):1743-1751, 1986; Souness et al., Br. J. Pharmacol. 98:725-734, 1989). It was therefore tested as a model PDE inhibitor for use in prolonging the pharmaceutical effects of inhaled NO in animals.

Materials and Methods

These investigations were approved by the Subcommittee for Research Animal Care of the Massachusetts General Hospital, Boston.

Animal Preparation

Nine Suffolk lambs weighing 20-25 kg were anesthetized by inhalation of halothane in oxygen. Their tracheas were intubated and their lungs mechanically ventilated at 15 breaths/minute and 15ml/kg tidal volume with a large animal ventilator (Harvard Apparatus, Natick, MA). A 7F thermodilution pulmonary artery catheter (Edwards Lab, Santa Anna, CA) was placed via the right external jugular vein through an 8F introducer (Cordis, Miami, FL). The femoral artery was cannulated with a polyvinyl chloride catheter (2mm ID) advanced 30 cm into the aorta for continuous arterial pressure monitoring and arterial blood sampling. A tracheostomy was performed and an 8.0 mm ID cuffed tracheostomy tube (Portex, Keene, NH) was inserted to allow for spontaneous ventilation. Studies began three hours after emergence from the anesthesia when the following exclusion criteria did not occur: a peripheral white blood cell count less than 4,000 or more than 12,000/mm^3, mean PAP more than 20 mmHG, or a core temperature of more than 40.1°C. The lambs were housed in a Babraham cage with access to food and water.

Hemodynamic Measurements

Systemic arterial pressure (SAP), pulmonary arterial pressure (PAP), and central venous pressure (CVP) were measured continuously and pulmonary artery wedge pressure (PCWP) was measured intermittently using calibrated pressure transducers (Cobe Laboratories, Lakewood, CO) zeroed at the mid-chest level and continuously recorded on a thermal chart recorder (Western Graphtec, Inc., Marck 10-1, Irvine, CA). Thermodilution cardiac output (CO) was measured as the average of two determinations after injection of 5 ml 0°C Ringer's lactate. Pulmonary vascular resistance (PVR) and systemic vascular resistance (SVR) were computed by standard formulae. The change of mean PAP (ΔPAP) from the baseline level of U46619-induced pulmonary hypertension was calculated by subtracting the mean PAP during NO inhalation from the baseline level pulmonary hypertension. The duration of the vasodilating response to inhaled NO was determined by measuring the elapsed time from the discontinuation of NO inhalation until mean PAP returned to its pre-inhalation baseline value, and was expressed as the half time of the response (t1/2).

NO Delivery and Measurement

During the study, the tracheostomy was connected to a circuit consisting of a 5 liter reservoir bag and a two-way non-rebreathing valve (Hans Rudolph, Inc., Kansas City, MO) to separate inspired from expired gas. Expired gas was scavenged and discarded. Oxygen and nitrogen was mixed to produce FIO_2 of 0.6-0.7. Nitric oxide gas (800 ppm in N_2, Arico, Riverton, NJ) was introduced into the inspiratory limb of the breathing circuit immediately before the reservoir bag. The FIO_2 was measured (oxygen meter No. 5590, Hudson, Temecula, Calif.) distal to reservoir bag after the NO-containing gases were mixed. The concentration of NO was continuously measured by

chemiluminescence (model 14A, Thermo Environmental Instruments, Inc., Franklin, MA; Fontijin et al., Anal. Chem. 42:575-579, 1970) at the inspiratory side of the one way valve. The exhaled gases, as well as those discharged from the chemiluminescence analyzer, were scavenged by use of a Venturl exhalation trap maintained at negative atmospheric pressured by the laboratory's central vacuum system. The ambient NO/NO_2 levels, as measured intermittently by chemiluminescence, did not increase during the experiments.

Measurements of Plasma cGMP Levels

Cyclic GMP (cGMP) levels were determined using ^{125}I radioimmunoassay (Biomedical Technologies, Inc., Stoughton, Mass.) according to the methodology of Harper and Brooker (Harper et al., J. Cyclic Nucleotide Res. 1:207-218, 1975). Briefly, 10 μl of 50 mM isobutylmethylxanthine (IBMX) was added to 1 ml of citrated blood and the mixture was centrifuged at 2500 x g and 4°C for 10 minutes. The supernatant was diluted with acetate buffer and acetylated with acetic anhydrate and triethylamine mixture. Subsequently, cGMP concentrations in the samples were determined based on the competitive binding of sample and known amounts of ^{125}I-cGMP for a specific antibody. All measurements were duplicated and the intra- and inter-assay quality were controlled by measuring known amount of cGMP. The cGMP concentration in the blood samples were expressed as picomoles cGMP per milliliter plasma.

Protocol

A. *Dose-response study of intermittent NO inhalation during U46619 infusion without and with Zaprinast infusion.* Six lambs were studied while spontaneously breathing at FIO_2 0.6-0.7. After baseline measurements were made, a potent pulmonary vasoconstrictor, the stable endoperoxide analogue of

thromboxane (5Z=9α, 13E, 15S)-11,9,-(Epoxymethano) prosta-5,13-dien-1-oic acid (U46619, Upjohn and Cayman chemical) was infused via the external jugular catheter. The infusion rate (0.5-1.0 $\mu g\text{-}kg^{-1}\ min^{-1}$) was titrated to achieve a mean PAP of 30 mmHg. After 10 minutes of steady state pulmonary hypertension and hemodynamic measurements, each of the six lambs breathed in random order a series of NO/oxygen mixtures of 5, 10 and 20 ppm NO for 6 minutes. Each NO exposure was followed by the period of breathing without NO until the mean PAP returned to previous baseline hypertensive value. Hemodynamic measurements were recorded at 3 and 6 minutes during NO inhalation and repeated every 3 minutes after discontinuing NO inhalation. Arterial blood samples were drawn every 6 minutes during the study to determine the plasma cGMP levels. The U46619 infusion was then stopped and the lambs were allowed to recover. After a 30-minute recovery period and repeat baseline measurements, a loading dose of Zaprinast ($2mg\text{-}kg^{-1}$ over 5 minutes) was administered followed by a Zaprinast infusion ($0.1mg\text{-}kg^{-1}\ min^{-1}$). Twenty minutes later, pulmonary hypertension was again induced by the intravenous infusion of U46619. Once steady state pulmonary hypertension was established, the rates of infusion of the both drugs were kept constant until the end of the study. The dose of U46619 ($1.1\text{-}3.6\ \mu g\text{-}kg^{-1}\ min^{-1}$) needed to achieve the same degree of pulmonary hypertension during the Zaprinast infusion was greater than without Zaprinast. After 10 minutes of steady state and repeat hemodynamic measurements, the lambs breathed NO as described above. The order of NO inhalation was same before and during the Zaprinast infusion. The purpose of this randomization was to avoid the effects of possible concentration changes of Zaprinast. Hemodynamic variables were measured every 3 minutes throughout the study period. Plasma levels of

cGMP were measured at 3 and 6 minutes during NO inhalation and every 6 minutes during the recovery period.

B. *Transpulmonary difference of plasma cGMP concentration during NO inhalation without and with Zaprinast*. Two additional lambs were studied to determined the amount of cGMP produced in the lung and released into the pulmonary venous blood during NO inhalation. The lambs were given NO/oxygen mixtures in an increasing order (0.1, 1.0, 5.0, 10, 20 ppm) after stable pulmonary hypertension was established by U46619 infusion. This order was adopted to avoid accumulation of plasma cGMP because significantly increased plasma concentrations of cGMP were found only on 20 ppm of NO inhalation in the protocol A. The NO inhalation was repeated during the Zaprinast infusion in the same order. Pulmonary arterial and aortic blood samples were drawn simultaneously during each NO inhalation and 3 minutes before the next NO inhalation during baseline pulmonary hypertension.

C. *A demonstration of intermittent NO inhalation*. In one additional lamb, the effects of intermittent NO inhalation with and without Zaprinast during U46619 induced pulmonary hypertension were studied. After stable baseline pulmonary hypertension was established by U46619 infusion, the lamb inhaled 40 ppm NO for 4 minute periods. The U46619 infusion was then discontinued. After a 30-minute recovery period, Zaprinast was administered as described above and pulmonary hypertension was re-established by U46619 infusion. Nitric oxide (40 ppm) was inhaled for 4 minutes. Subsequently, the 4 minute exposure was repeated each time the ΔPAP decreased by 50 percent.

Chemicals

Zaprinast (2-o-propoxyphenyl-8-azapurin-6-one) was a generous gift from Rhone-Poulenc Roler (Dagenham, Essex, UK). The stock solution of Zaprinast was prepared in 0.05 N NaOH. This stock was diluted with Ringer's lactate to a final concentration of 8 $mg\text{-}ml^{-1}$ just before use. Immediately before the study, 5 mg of U46619 was dissolved in 50 ml of Ringer's lactate.

Data Analysis

The changes of mean PAP and PVR are expressed as the difference between the stable baseline pulmonary hypertension value and the lowest value recorded during each NO inhalation. The half time of the vasodilator response was determined by measuring the elapsed time from the termination of each NO inhalation to when the mean PAP returned to a value half-way between the lowest mean PAP value recorded during NO inhalation and the baseline pulmonary hypertension value. All the data are presented as mean ±SE. The data were analyzed using a paired t-test or an analysis of variance (ANOVA) with repeated measures. $P<0.05$ was used as the criterion for statistical significance.

Results

A. *Dose-Response Study of Intermittent NO Inhalation During U46619 Infusion Without and With Zaprinast*

The mean PAP change (ΔPAP) during NO inhalation is shown in Fig. 19. At all dose levels, there was no difference between NO inhalation with or without Zaprinast. The duration of the vasodilating response to inhaled nitric oxide (t1/2) was increased by the Zaprinast infusion at all NO doses (Figure 1B). There was no significant difference in SVR or CO between NO inhalation with or without Zaprinast (Table 6). Compared

with its control, PVR decreased slightly with Zaprinast, but this change was not statistically significant (Table 6). This may be due to a slight increase of CO by the Zaprinast infusion (Table 6), since mean PAP was not decreased by Zaprinast and PCWP was stable throughout (data not shown).

TABLE 6

	SVR ($mmHg \cdot l^{-1} \cdot min^{-1}$)		PVR ($mmHG \cdot l^{-1} \cdot min^{-1}$)		CO ($l \cdot min^{-1}$)	
n=6	Control	Zaprinast	Control	Zaprinast	Control	Zaprinast
Baseline	16.6±2.01	15.3±1.13	1.39±0.26	1.30±0.22	5.67±0.92	5.98±0.57
PHTN (U46619)	33.0±3.01	41.6±4.93	6.15±0.86	6.23±1.11	3.35±0.42	2.72±0.33
NO 5ppm	36.3±4.55	33.0±4.43	4.62±0.71	2.99±0.75	2.94±0.28	3.67±0.47
NO 10ppm	35.1±4.81	34.9±6.04	3.78±0.92	2.49±0.50	3.08±0.29	3.55±0.44
NO 20ppm	35.1±3.40	33.7±6.10	3.01±0.48	1.95±0.56	2.92±0.19	3.73±0.51

Table 6. Systemic Vascular Resistance (SVR), Pulmonary Vascular Resistance (PVR), and Cardiac Output (CO) during NO inhalation with and without Zaprinast. PHTN: pulmonary hypertension. Values are means ± SE.

The arterial plasma cGMP levels during NO inhalation with and without Zaprinast are shown in Fig. 20. The Zaprinast infusion, by itself, did not increase plasma cGMP levels. When the Zaprinast infusion was combined with NO inhalation, however, plasma cGMP concentrations were increased at each NO concentration. Nitric oxide inhalation significantly increased plasma cGMP concentrations at all NO levels during the Zaprinast infusion but only 20 ppm NO caused a significant increase without Zaprinast. The U46619 infusion alone did not significantly change plasma cGMP concentrations.

b. *Transpulmonary Difference of Plasma cGMP Concentration During NO Inhalation Without and With Zaprinast.*

Transpulmonary differences of cGMP concentration in two animals are shown in Fig. 21. The transpulmonary difference of cGMP concentration was unaffected by the Zaprinast infusion at all levels of NO inhalation.

The maximum pulmonary vasodilating effect of inhaled nitric oxide occurs within 2 minutes after commencing the inhalation and disappears within 2-3 minutes after stopping the inhalation (Fig. 22). Rapid combination with hemoglobin in red blood cells inactivates inhaled NO, by restricting vasodilation to the pulmonary vascular bed (Rimar et al., Circulation 88:2884-2887, 1993). Although this selectivity is a unique characteristic of inhaled NO, the short duration of action could be a disadvantage because most patients with pulmonary hypertension require continuous therapy. Inhalation of gas mixtures containing high concentrations of NO and NO_2 causes severe acute lung damage with

pulmonary edema and marked methemoglobinemia (Clutton-Brock, Br. J. Anaesth. 39:345-350, 1969). Although there is little evidence for NO toxicity at low concentrations (<100 ppm) with acute and chronic exposure in rats, little data is available concerning prolonged expose in humans. Since NO is rapidly oxidized into NO_2 in oxygen, the toxic effects of NO_2 (cytotoxic and immunologic reactions such as type II pneumocyte hyperplasia and accumulation of fibrin, polymorphonuclear cells and microphages in alveoli) are also of concern, especially during prolonged exposures. Conceivably, pharmacological agents which potentiate and/or prolong the vasodilatory effects of NO might minimize the risk of NO toxicity during prolonged exposure.

In the present study, it was demonstrated that by using concomitant intravenous administration of a cGMP-specific PDE inhibitor, Zaprinast, the pulmonary vasodilating action of inhaled NO could be prolonged without altering its pulmonary selectivity. During the Zaprinast infusion, the pulmonary vasodilation produced by 4 minutes' NO inhalation persisted 15-30 minutes after the discontinuation of NO (Fig. 22). Intermittent inhalation of NO under such conditions could attenuate pulmonary artery hypertension for prolonged period (Fig. 22).

Multiple molecular forms of cyclic nucleotide phosphodiesterase have been identified in a number of tissues, including cardiac muscle, vascular smooth muscle, liver, lung, and platelets (Lugnier et al., Biochem. Pharmacol. 35(10):1743-1751, 1986; Souness et al., Br. J. Pharmacol. 98:725-734, 1989; Silver et al., 150:85-94, 1988; Weishaar et al, Biochem. Pharmacol. 35:787-800, 1986). In mammalian vascular smooth muscle, three different forms of PDE have been identified: a Ca^{+2}/calmodulin-insensitive isoform showing substrate

selectivity for cGMP (cGMP PDE, a Ca^{+2}/calmodulin-sensitive isoform which hydrolyzes both cGMP and cAMP (Ca^{+2} PDE), and a cAMP-specific isoform (cAMP PDE) (Lugnier et al., Biochem. Pharmacol. 35(10):1743-1751, 1986; Souness et al., Br. J. Pharmacol. 98:725-734, 1989). Zaprinast has been shown to dose-dependently increase intracellular cGMP concentrations by selectively inhibiting cGMP PDE (Lugnier et al., Biochem. Pharmacol. 35(10):1743-1751, 1986; Souness et al., Br. J. Pharmacol. 98:725-734, 1989). Zaprinast-induced relaxation of endothelium-intact rat aorta is greatly reduced by methylene blue, a guanylate cyclase inhibitor, or denudation of the aorta (Souness et al., Br. J. Pharmacol. 98:725-734, 1989). These results suggest that Zaprinast induced vasorelaxation is dependent on cGMP PDE inhibition and the resultant accumulation of cGMP produced by basal EDRF/NO release.

Other embodiments of the invention are within the following claims.

What is claimed is:

CLAIMS:

1. A method for treating or preventing reversible pulmonary vasoconstriction in a mammal, which method comprises

identifying a mammal in need of such treatment or prevention,

causing said mammal to inhale a therapeutically-effective amount of gaseous nitric oxide, and

prior to, during, or immediately after said inhalation step, introducing into said mammal a therapeutically-effective amount of a phosphodiesterase inhibitor.

2. The method of claim 1, wherein said pulmonary vasoconstriction is acute pulmonary vasoconstriction.

3. The method of claim 1 wherein said mammal has or is at risk of developing a clinical condition selected from the group consisting of pneumonia, traumatic injury, aspiration or inhalation injury, fat embolism in the lung, acidosis, inflammation of the lung, adult respiratory distress syndrome, acute mountain sickness, post cardiac surgery acute pulmonary hypertension, persistent pulmonary hypertension of the newborn, perinatal aspiration syndrome, hyaline membrane disease, acute pulmonary thromboembolism, acute pulmonary edema, heparin-protamine reactions, sepsis, hypoxia, asthma, and status asthmaticus.

4. The method of claim 1, wherein said pulmonary vasoconstriction is chronic pulmonary vasoconstriction which has a reversible component.

5. The method of claim 1, wherein said mammal has or is at risk of developing a clinical condition selected

from the group consisting of chronic pulmonary hypertension, bronchopulmonary dysplasia, chronic pulmonary thromboembolism, idiopathic pulmonary hypertension, and chronic hypoxia.

6. The method of claim 1, wherein said nitric oxide is inhaled in a predetermined concentration range for at least three minutes.

7. The method of claim 1 wherein said concentration is at least 0.01 ppm.

8. The method of claim 1 wherein said concentration is at least 0.5 ppm.

9. The method of claim 1, wherein said concentration is at least 5 ppm.

10. The method of claim 1 wherein said inhibitor is selective for a cyclic GMP-specific phosphodiesterase.

11. The method of claim 1, wherein said inhibitor is Zaprinast.

12. The method of claim 1, wherein said inhibitor is introduced into said mammal by an oral, intravenous, intramuscular, subcutaneous, or intraperitoneal route.

13. The method of claim 1, wherein said inhibitor is introduced into said mammal by causing said mammal to inhale an aerosol or dry powder comprising said inhibitor.

14. The method of claim 13, wherein said inhibitor is inhaled in a gas comprising said gaseous nitric oxide.

15. The method of claim 1, wherein said mammal is a human.

16. A method for treating or preventing pulmonary vasoconstriction in a mammal, which method comprises causing said mammal to inhale a therapeutically-effective amount of a nitric oxide-releasing compound and a phosphodiesterase inhibitor.

17. The method of claim 16, wherein said phosphodiesterase inhibitor is a cyclic GMP-specific phosphodiesterase inhibitor.

18. A method for treating or preventing bronchoconstriction in a mammal, which method comprises

identifying a mammal in need of such treatment or prevention,

causing said mammal to inhale a therapeutically-effective dose of gaseous nitric oxide, and

prior to, during, or immediately after said inhalation step, introducing into said mammal a therapeutically-effective amount of a phosphodiesterase inhibitor.

19. The method of claim 18, wherein said mammal is a human.

20. The method of claim 18, wherein said phosphodiesterase inhibitor selectively inhibits cyclic GMP-specific phosphodiesterase.

21. The method of claim 20, wherein said phosphodiesterase inhibitor is Zaprinast.

22. The method of claim 18, wherein said inhibitor is introduced into said mammal by an oral, intravenous, intramuscular, subcutaneous, or intraperitoneal route.

23. The method of claim 18, wherein said inhibitor is introduced into said mammal by causing said mammal to inhale an aerosol or dry powder comprising said inhibitor.

24. The method of claim 23, wherein said inhibitor is inhaled in a gas mixture comprising nitric oxide.

25. The method of claim 18, wherein said bronchoconstriction is associated with asthma.

26. A method of improving gas exchange in the lungs of a mammal, said method comprising

causing said mammal to inhale a therapeutically-effective amount of gaseous nitric oxide, and

prior to, during, or immediately after said inhalation step, introducing into said mammal a therapeutically-effective amount of a phosphodiesterase inhibitor.

27. The method of claim 26, wherein said mammal is hypoxic.

28. The method of claim 26, wherein said mammal is a human suffering from a lung injury.

29. A method of delivering a phosphodiesterase inhibitor into the lungs of a mammal, said method

comprising causing said mammal to inhale said compound suspended in a gas comprising nitric oxide.

30. An inhaler device comprising

a housing defining (a) a chamber containing a phosphodiesterase inhibitor, and (b) a lumen in communication with said chamber; and

a vessel containing pressurized gas comprising at least 0.1 ppm nitric oxide, said vessel having a mechanism for controllably releasing said gas into said chamber, thereby suspending said inhibitor in said released gas; said lumen being configured to route said released gas into the respiratory system of a patient.

31. The device of claim 30, wherein said inhibitor is selective for cyclic GMP phosphodiesterase.

32. The device of claim 31, wherein said inhibitor is Zaprinast.

33. The device of claim 30, wherein said vessel also has a mechanism for controllably releasing said gas into said lumen, in a manner that bypasses said chamber.

34. A device comprising

a vessel containing a phosphodiesterase inhibitor compound suspended in a compressed or liquified propellant gas;

a housing defining (a) a port onto which said vessel is mounted and (b) a lumen in communication with said port; and

a mechanism for controllably releasing said propellant from said vessel into said lumen, thereby releasing said suspended compound from said vessel into said lumen;

said lumen being configured to route said compound suspended in said released propellant into the respiratory system of a person.

35. The device of claim 34, wherein said compound is in powder form.

36. The device of claim 34, wherein said compound is dissolved or suspended in a biologically-compatible liquid carrier.

37. A device comprising

a vessel containing a compressed or liquified propellant gas;

a housing defining (a) a chamber containing a phosphodiesterase inhibitor compound, and (b) a lumen in communication with said chamber;

a mechanism for controllably releasing said gas from said vessel into said chamber, thereby suspending said compound in said gas;

said lumen being configured to route said compound into the respiratory system of a person.

38. The device of claim 37, wherein said gas comprises nitric oxide gas.

39. The method of claim 20, wherein said phosphodiesterase inhibitor is selected from the group consisting of: WIN 58237 (1-cyclopentyl-3-methyl-6-(4-pyridyl)pyrazolo[3,4-*d*]pyrimidin-4-(5H)-one); SCH 48936 ((+)-6a,7,8,9,9a,10,11,11a-octahydro-2,5-dimethyl-3H pentalen(6a,1,4,5)imidazo[2,1-b]purin-4(5H)-one); KT2-734 (2-phenyl-8-ethoxycycloheptimidazole); and E4021 (sodium 1-[6-chloro-4-(3,4-methylenedioxybenzyl)-aminoquinazolin-2-y] piperidine-4-carboxylate sesquihydrate).

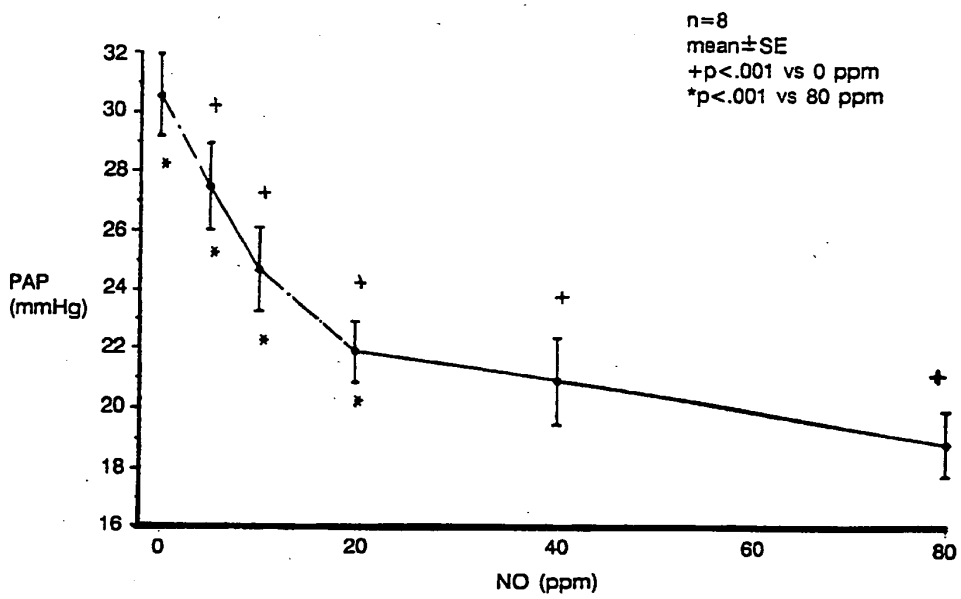


FIG. 1

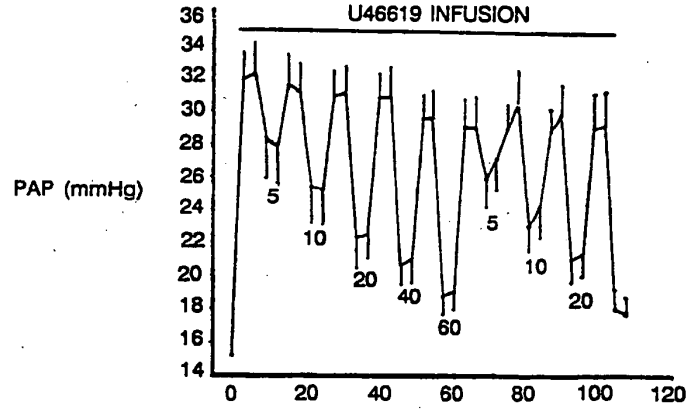
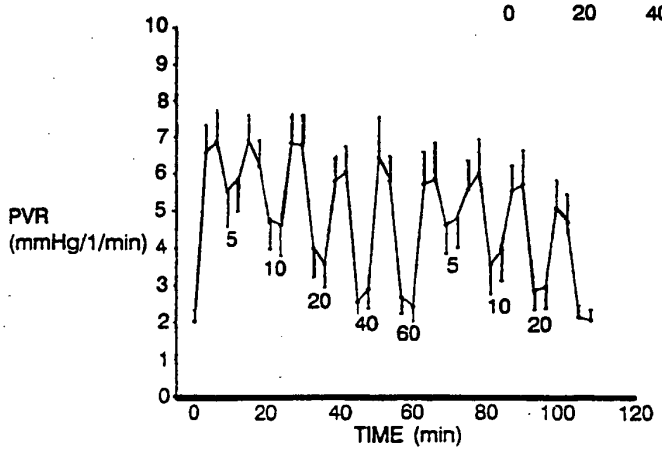


FIG. 2



n=8
mean± SE

FIG. 4

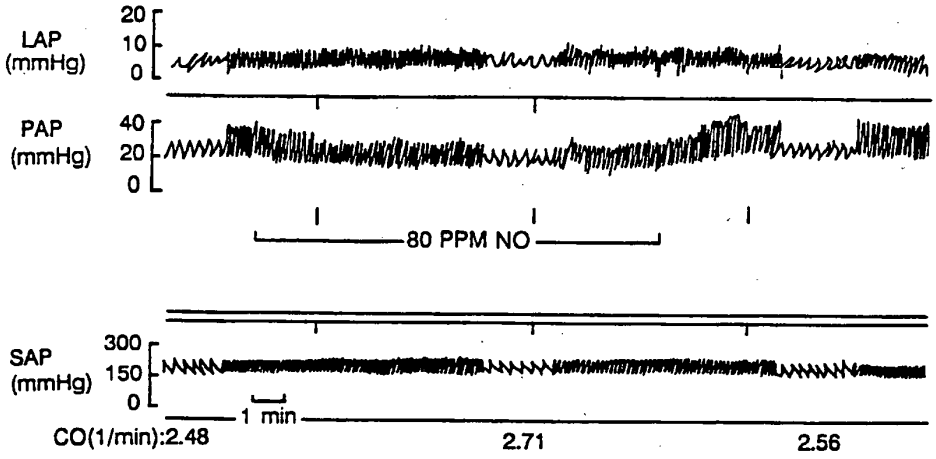

LAP
(mmHg)
20
10
0
PAP
(mmHg)
40
20
0
80 PPM NO
SAP
(mmHg)
300
150
0
1 min
CO(1/min):2.48
2.71
2.56

FIG. 3

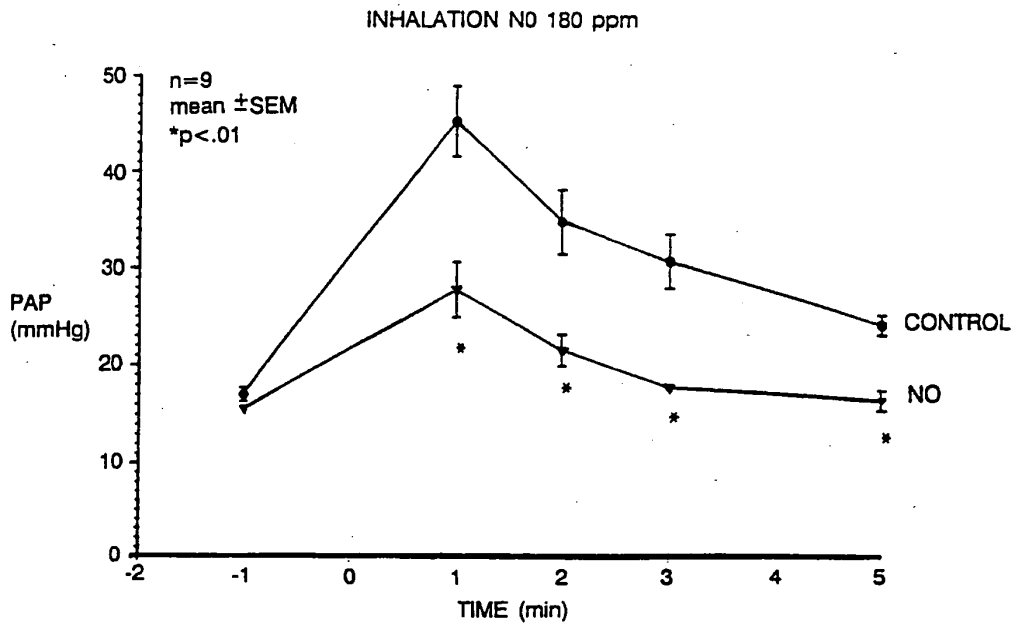

INHALATION N0 180 ppm
n=9
mean ±SEM
*p<.01
PAP
(mmHg)
50
40
30
20
10
0
-2
-1
0
1
2
3
4
5
TIME (min)
CONTROL
NO
*

FIG. 5a

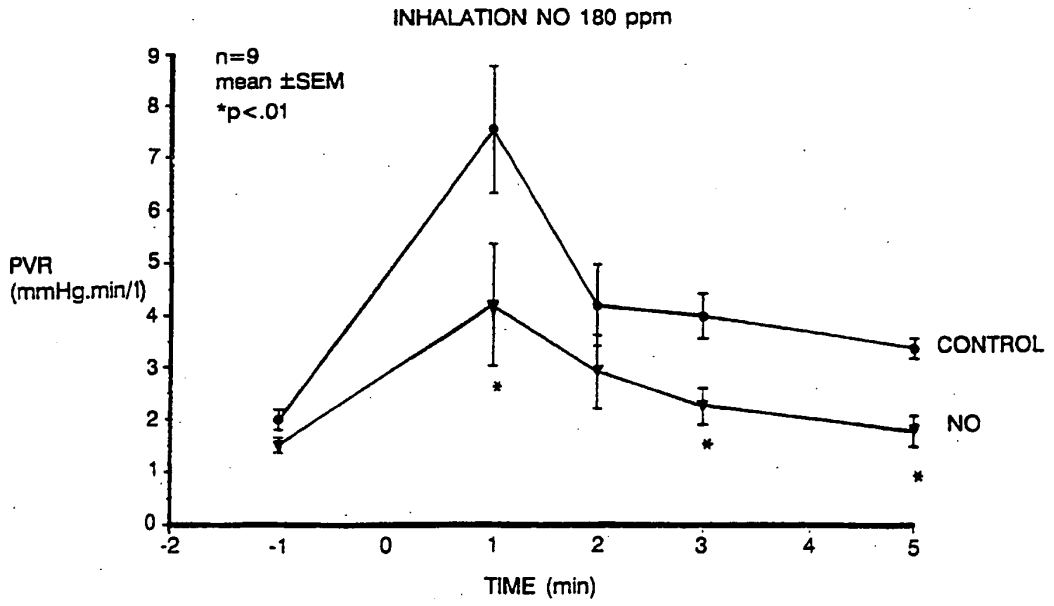

INHALATION NO 180 ppm
n=9
mean ±SEM
*p<.01
PVR
(mmHg.min/l)
9
8
7
6
5
4
3
2
1
0
-2
-1
0
1
2
3
4
5
TIME (min)
CONTROL
NO
*

FIG. 5b

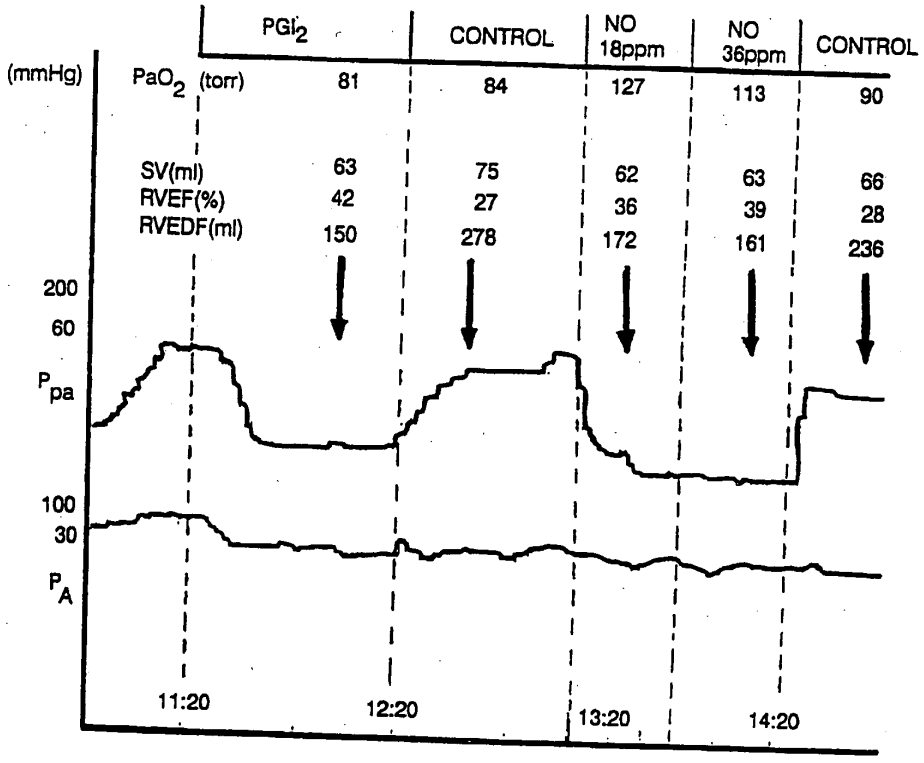

PGI2
CONTROL
NO 18ppm
NO 36ppm
CONTROL
(mmHg)
PaO2 (torr)
81
84
127
113
90
SV(ml)
RVEF(%)
RVEDF(ml)
63
42
150
75
27
278
62
36
172
63
39
161
66
28
236
200
60
Ppa
100
30
PA
11:20
12:20
13:20
14:20

FIG. 6

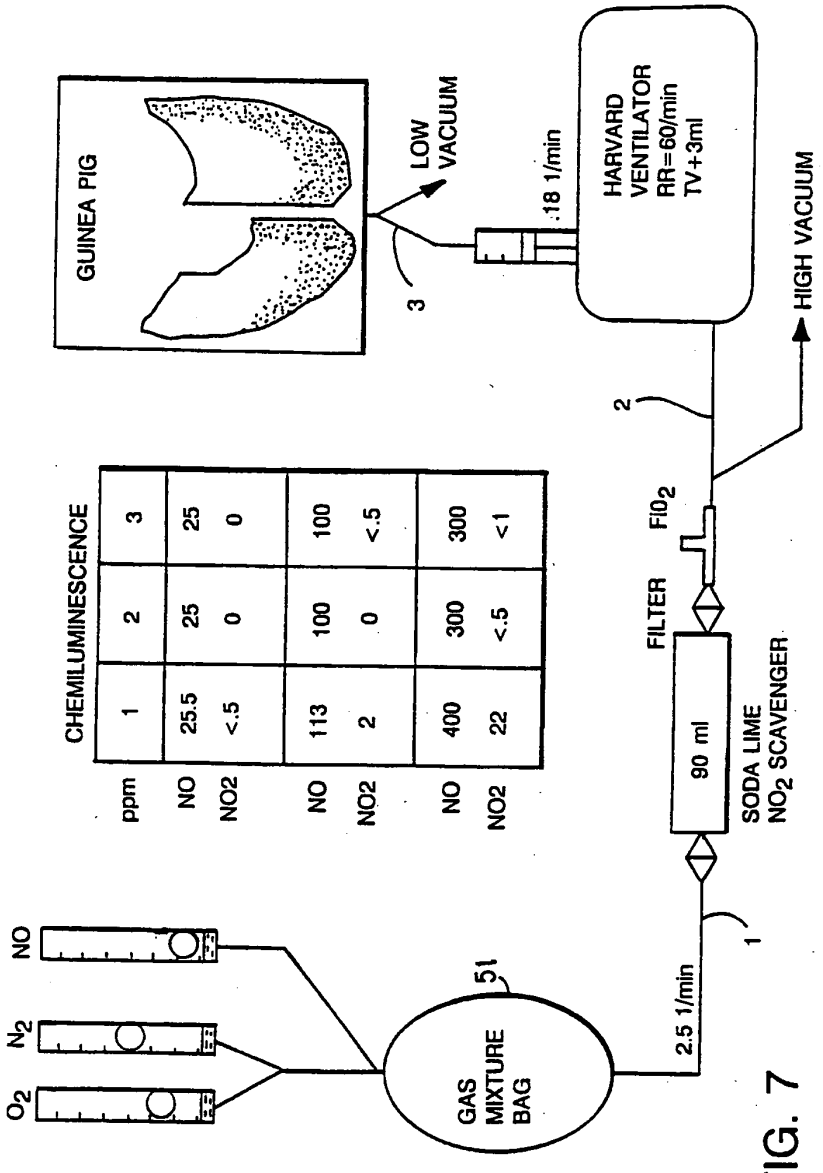

GUINEA PIG
LOW VACUUM
.18 l/min
HARVARD VENTILATOR RR=60/min TV+3ml
HIGH VACUUM
3
2
FILTER
FiO_2
90 ml
SODA LIME NO_2 SCAVENGER
1
2.5 l/min
51
GAS MIXTURE BAG
NO
N_2
O_2
CHEMILUMINESCENCE
ppm
NO
NO2
1
25.5
<.5
113
2
400
22
2
25
0
100
0
300
<.5
3
25
0
100
<.5
300
<1

FIG. 7

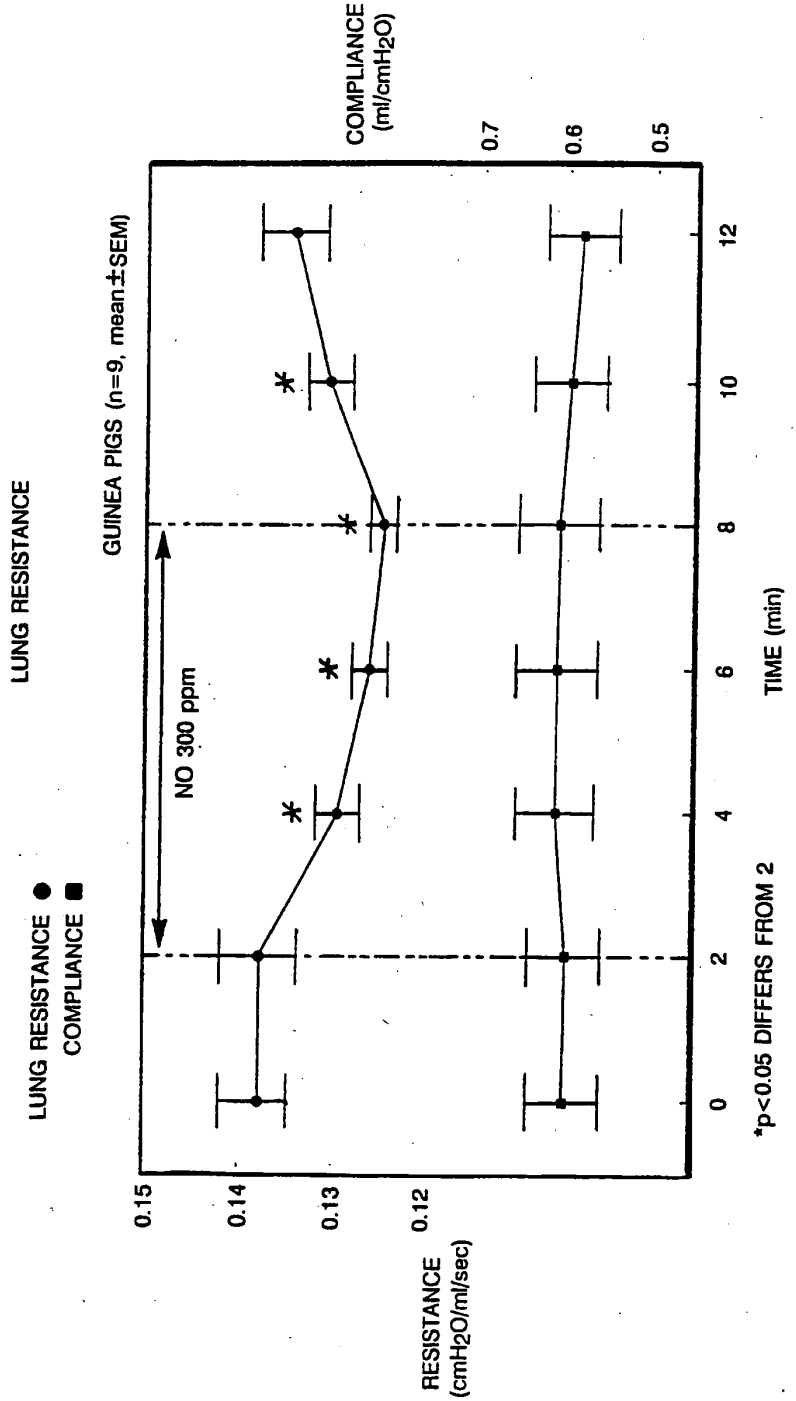

LUNG RESISTANCE
LUNG RESISTANCE ●
COMPLIANCE ■
GUINEA PIGS (n=9, mean±SEM)
NO 300 ppm
COMPLIANCE (ml/cmH2O)
0.7
0.6
0.5
0.15
0.14
0.13
0.12
RESISTANCE (cmH2O/ml/sec)
0
2
4
6
8
10
12
TIME (min)
*p<0.05 DIFFERS FROM 2

FIG. 8

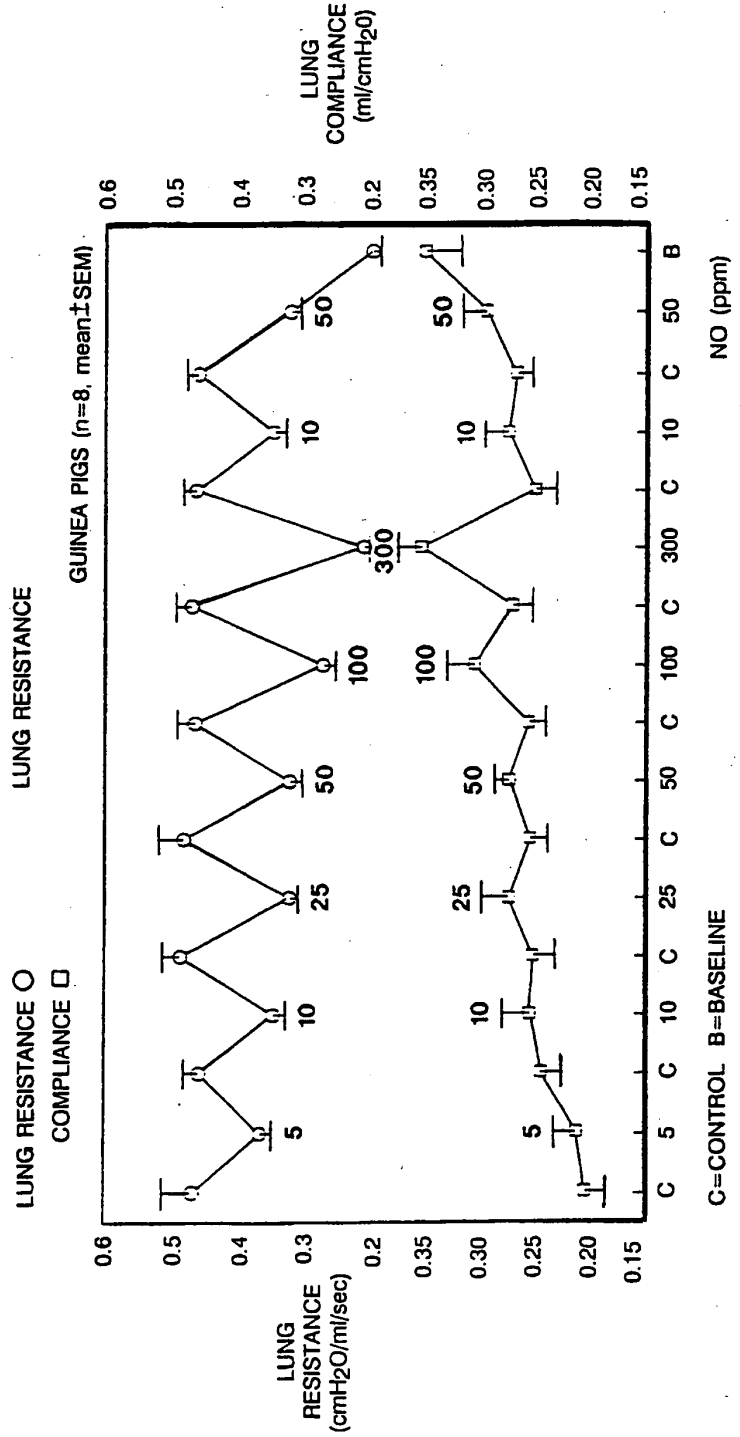

LUNG RESISTANCE
GUINEA PIGS (n=8, mean±SEM)
LUNG COMPLIANCE (ml/cmH2O)
LUNG RESISTANCE O
COMPLIANCE □
LUNG RESISTANCE (cmH2O/ml/sec)
C=CONTROL B=BASELINE
NO (ppm)
C 5 C 10 C 25 C 50 C 100 C 300 C 10 C 50 B
5 10 25 50 100 300 10 50
0.6 0.5 0.4 0.3 0.2 0.35 0.30 0.25 0.20 0.15

FIG. 9

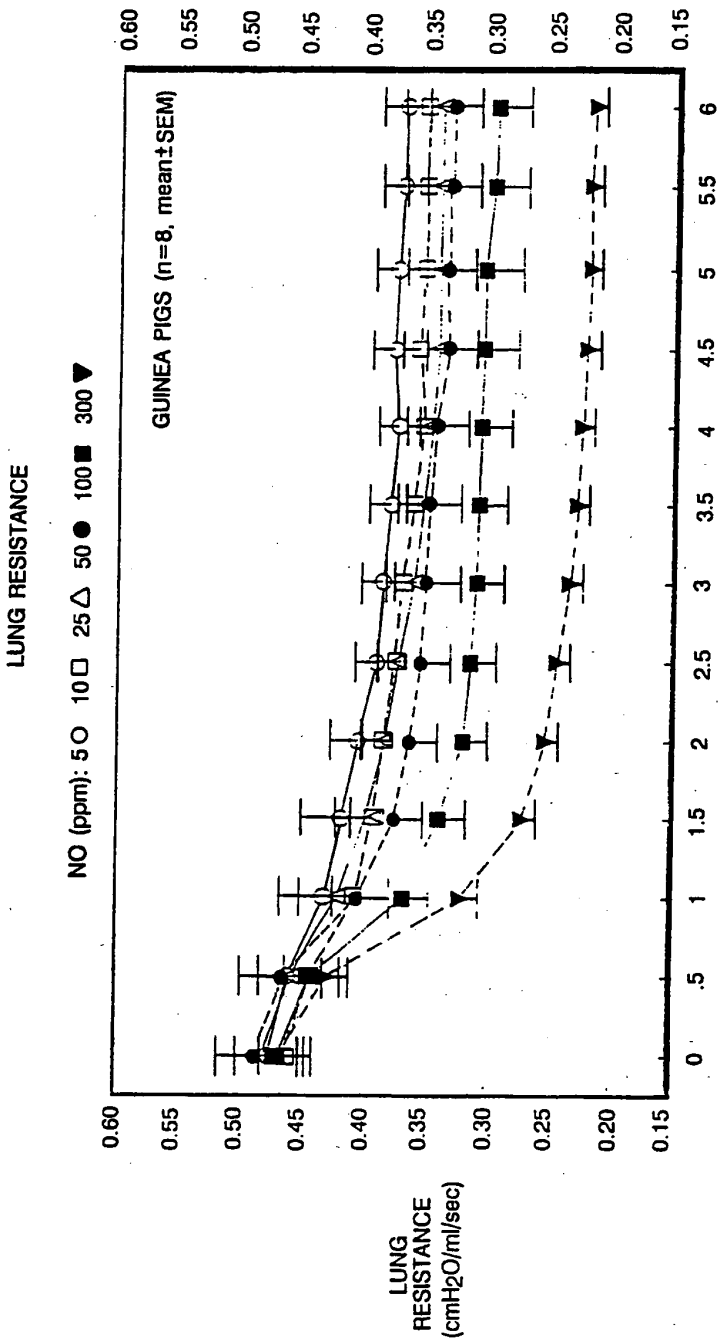

LUNG RESISTANCE
NO (ppm): 5 ○ 10 □ 25 △ 50 ● 100 ■ 300 ▼
GUINEA PIGS (n=8, mean±SEM)
LUNG RESISTANCE (cmH2O/ml/sec)
TIME (min)
0.60
0.55
0.50
0.45
0.40
0.35
0.30
0.25
0.20
0.15
0
.5
1
1.5
2
2.5
3
3.5
4
4.5
5
5.5
6

FIG. 10

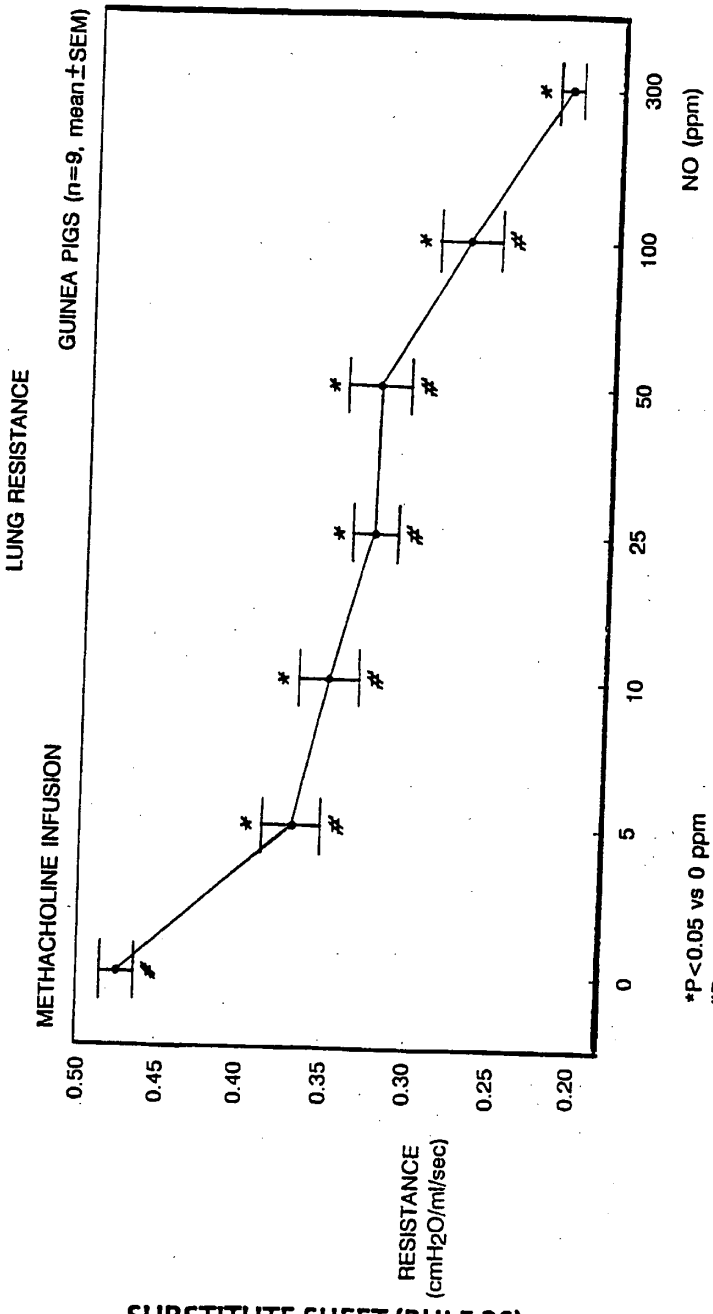

LUNG RESISTANCE
GUINEA PIGS (n=9, mean±SEM)
METHACHOLINE INFUSION
RESISTANCE (cmH2O/ml/sec)
0.50
0.45
0.40
0.35
0.30
0.25
0.20
0
5
10
25
50
100
300
NO (ppm)
*P<0.05 vs 0 ppm
#P< 0.05 vs 300 ppm

FIG. 11

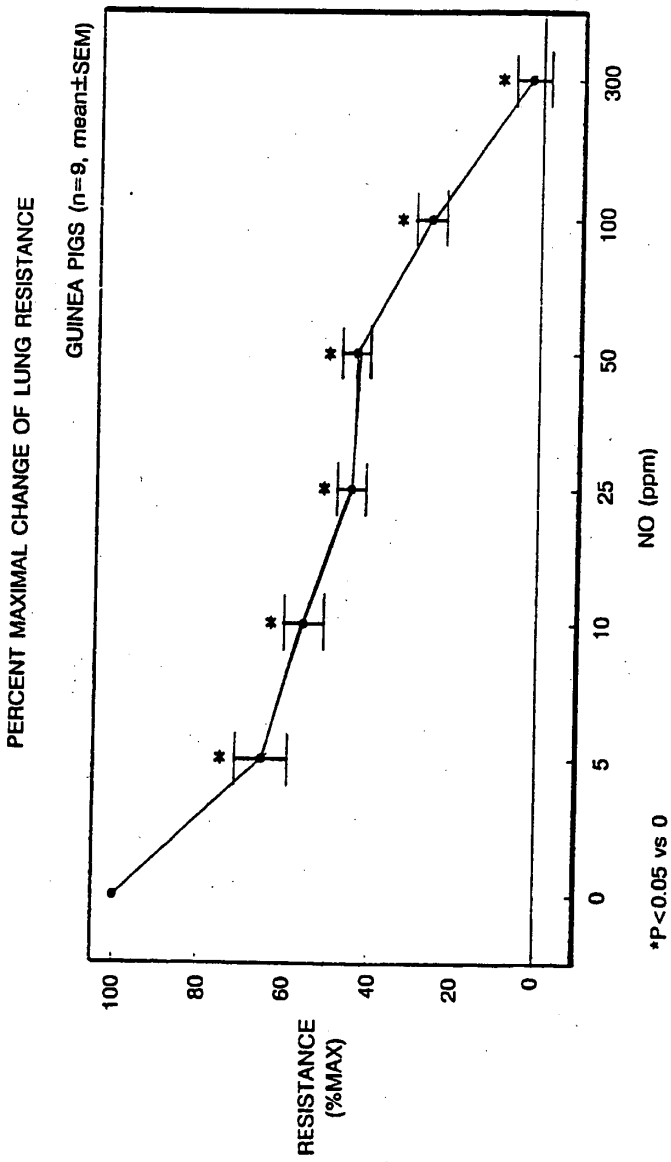

PERCENT MAXIMAL CHANGE OF LUNG RESISTANCE
GUINEA PIGS (n=9, mean±SEM)
RESISTANCE (%MAX)
100
80
60
40
20
0
0
5
10
25
50
100
300
NO (ppm)
*P<0.05 vs 0

FIG. 12

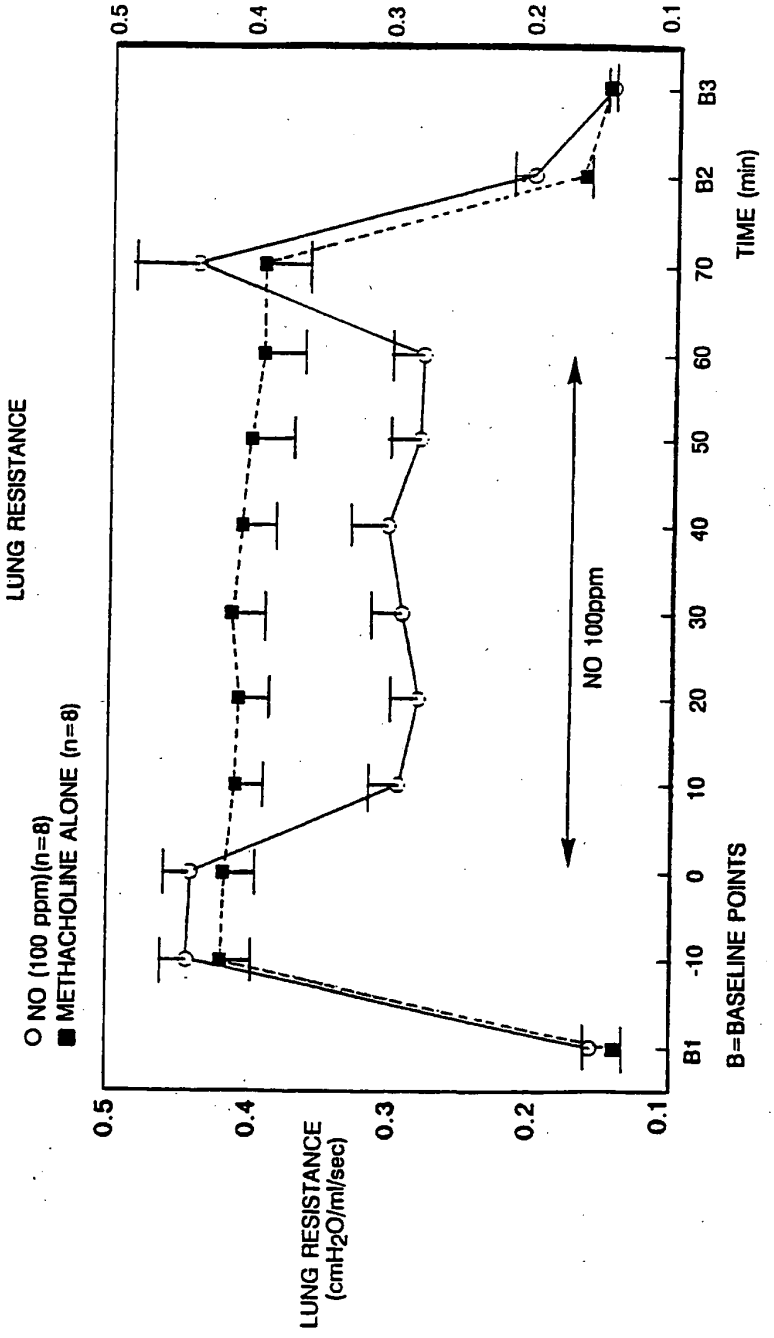

LUNG RESISTANCE
O NO (100 ppm)(n=8)
■ METHACHOLINE ALONE (n=8)
LUNG RESISTANCE (cmH2O/ml/sec)
0.5
0.4
0.3
0.2
0.1
B1
-10
0
10
20
30
40
50
60
70
B2
B3
TIME (min)
B=BASELINE POINTS
NO 100ppm

FIG. 13

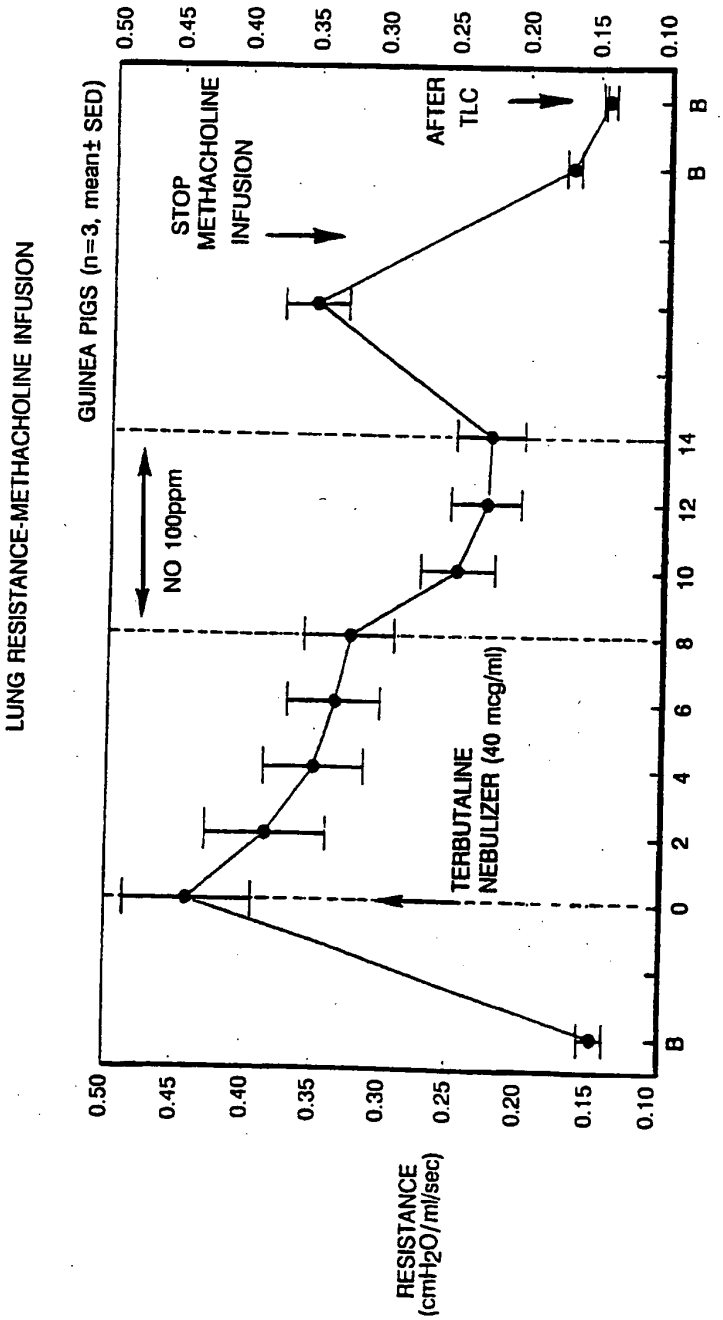

LUNG RESISTANCE-METHACHOLINE INFUSION
GUINEA PIGS (n=3, mean± SED)
STOP METHACHOLINE INFUSION
AFTER TLC
NO 100ppm
TERBUTALINE NEBULIZER (40 mcg/ml)
B=BASELINE
TIME (min)
RESISTANCE (cmH2O/ml/sec)
0.50
0.45
0.40
0.35
0.30
0.25
0.20
0.15
0.10
B
0
2
4
6
8
10
12
14

FIG. 14

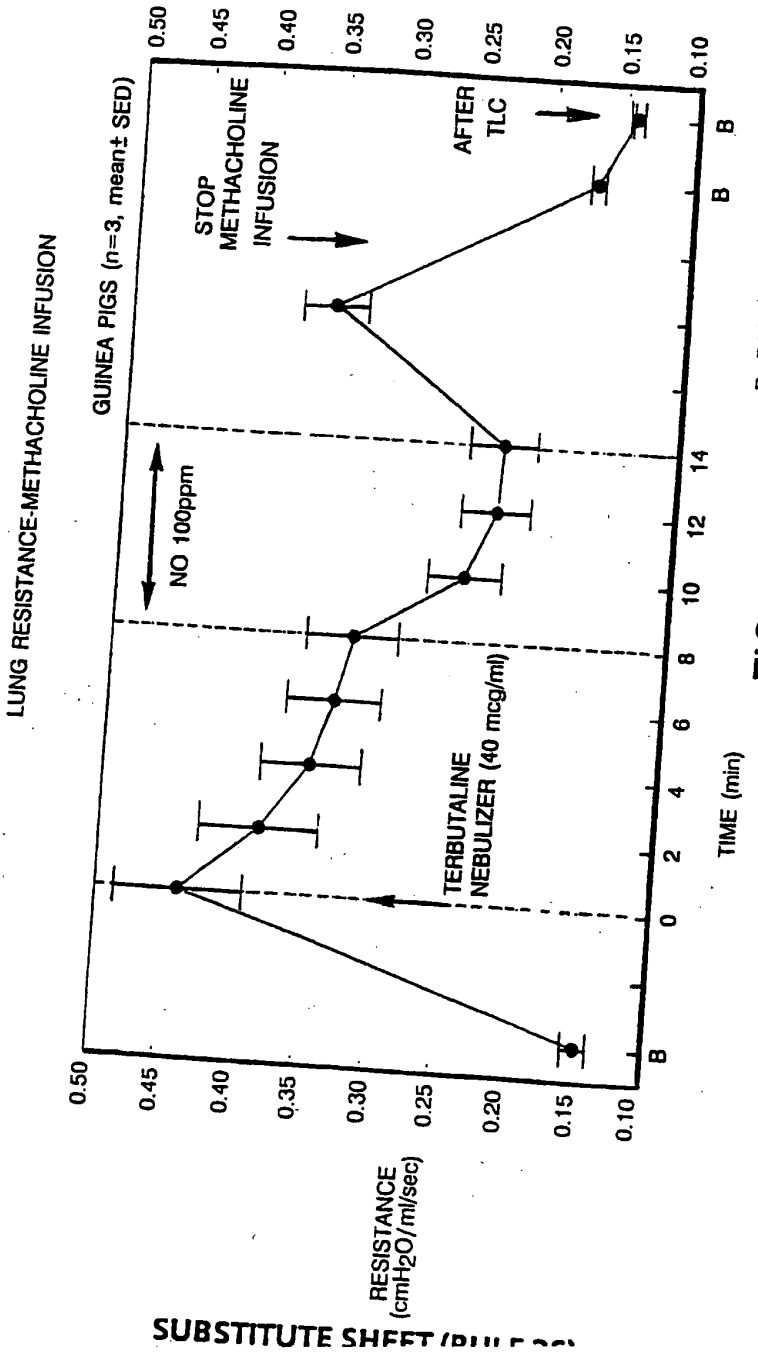

LUNG RESISTANCE-METHACHOLINE INFUSION
GUINEA PIGS (n=3, mean± SED)
STOP METHACHOLINE INFUSION
AFTER TLC
NO 100ppm
TERBUTALINE NEBULIZER (40 mcg/ml)
B=BASELINE
TIME (min)
RESISTANCE (cmH2O/ml/sec)
0.50
0.45
0.40
0.35
0.30
0.25
0.20
0.15
0.10
B
0
2
4
6
8
10
12
14

FIG. 14

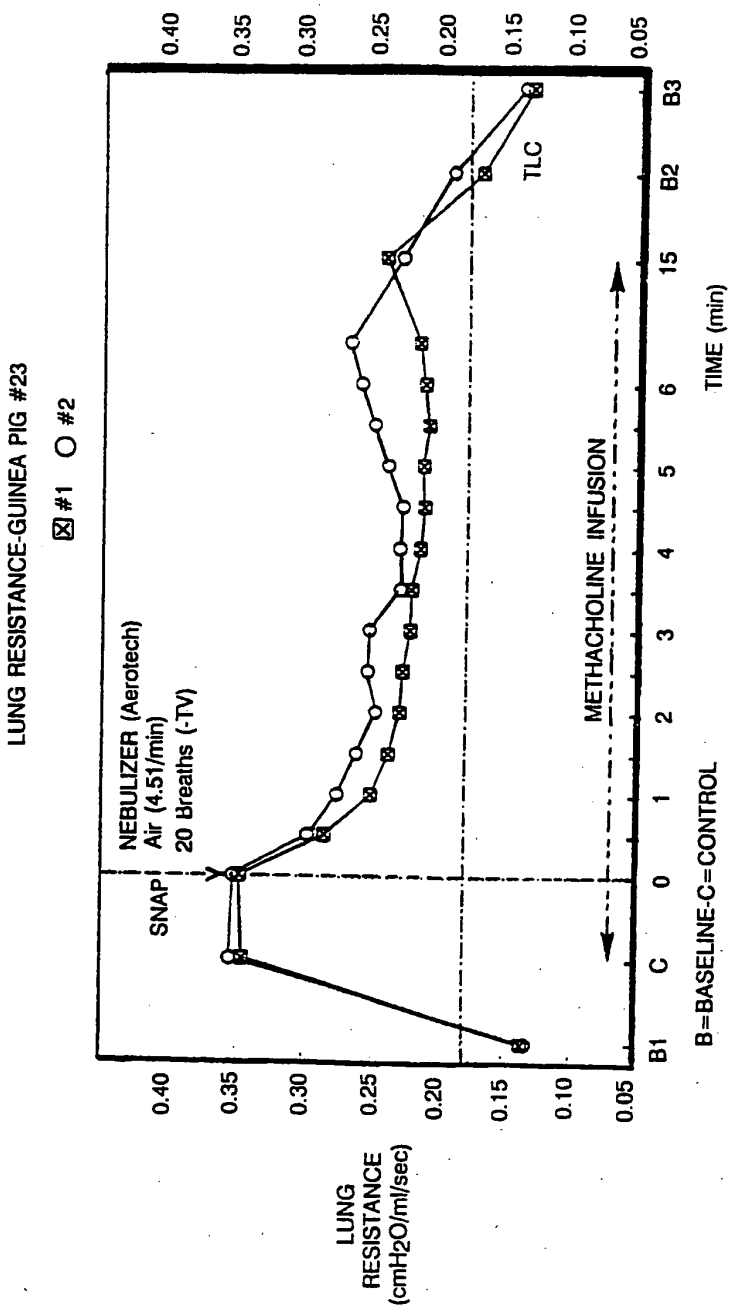

LUNG RESISTANCE-GUINEA PIG #23
☒ #1 ○ #2
NEBULIZER (Aerotech)
Air (4.51/min)
20 Breaths (-TV)
SNAP
METHACHOLINE INFUSION
TLC
B1 C 0 1 2 3 4 5 6 15 B2 B3
TIME (min)
B=BASELINE-C=CONTROL
LUNG RESISTANCE (cmH2O/ml/sec)
0.40 0.35 0.30 0.25 0.20 0.15 0.10 0.05

FIG. 16

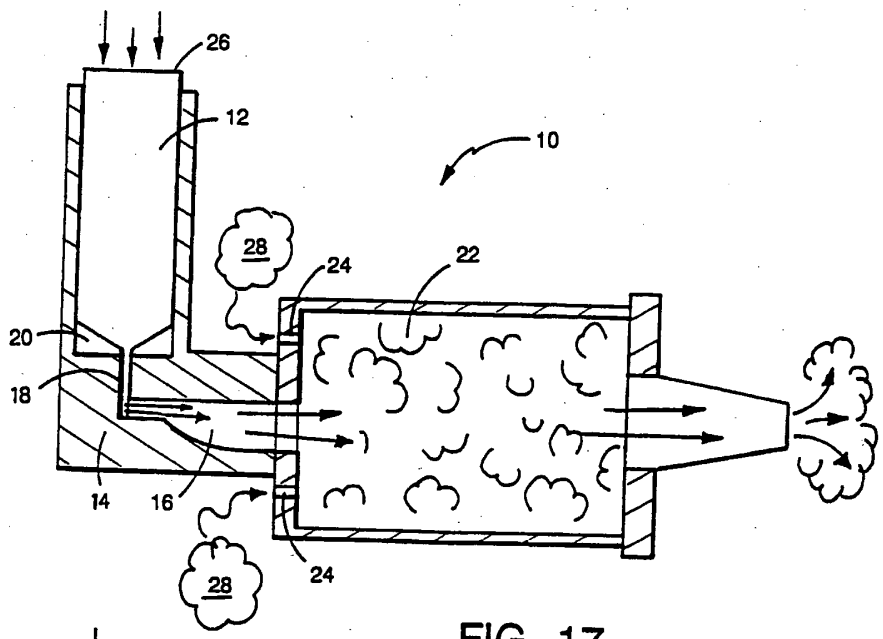

26
12
10
28
24
22
20
18
14
16
28
24

FIG. 17

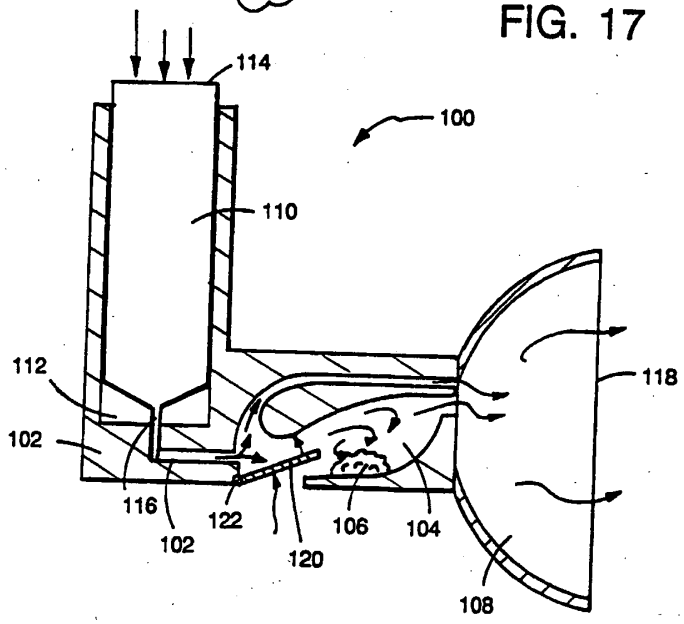

114
100
110
112
118
102
116
102
122
120
106
104
108

FIG. 18

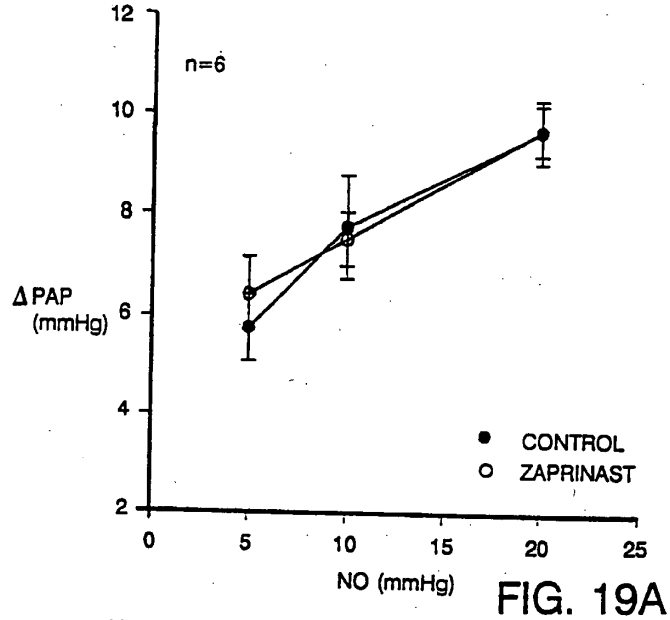


FIG. 19A

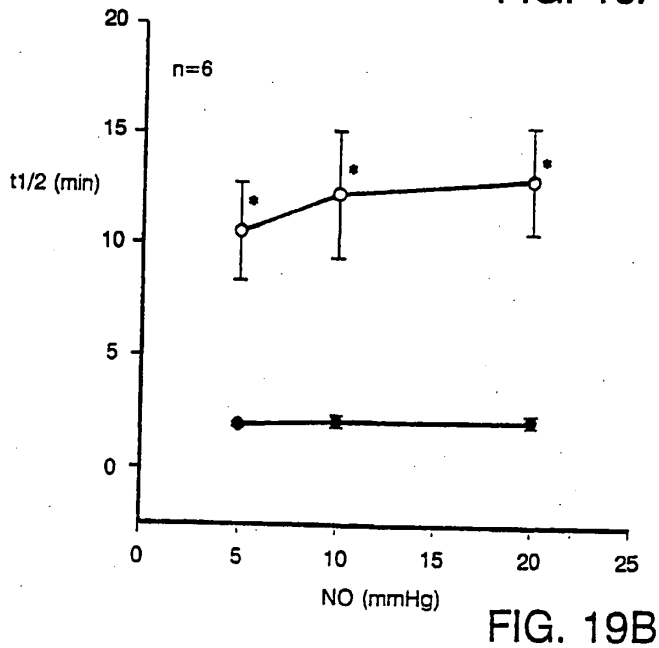


FIG. 19B

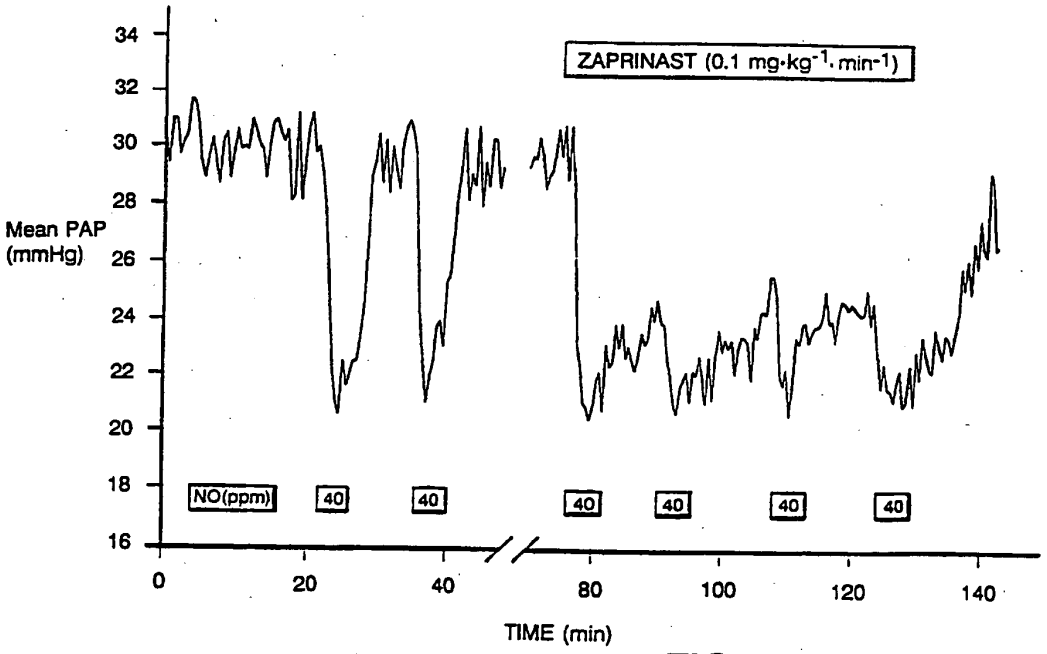

ZAPRINAST (0.1 mg·kg-1·min-1)
Mean PAP (mmHg)
34
32
30
28
26
24
22
20
18
16
NO(ppm)
40
40
40
40
40
40
0
20
40
80
100
120
140
TIME (min)

FIG. 20

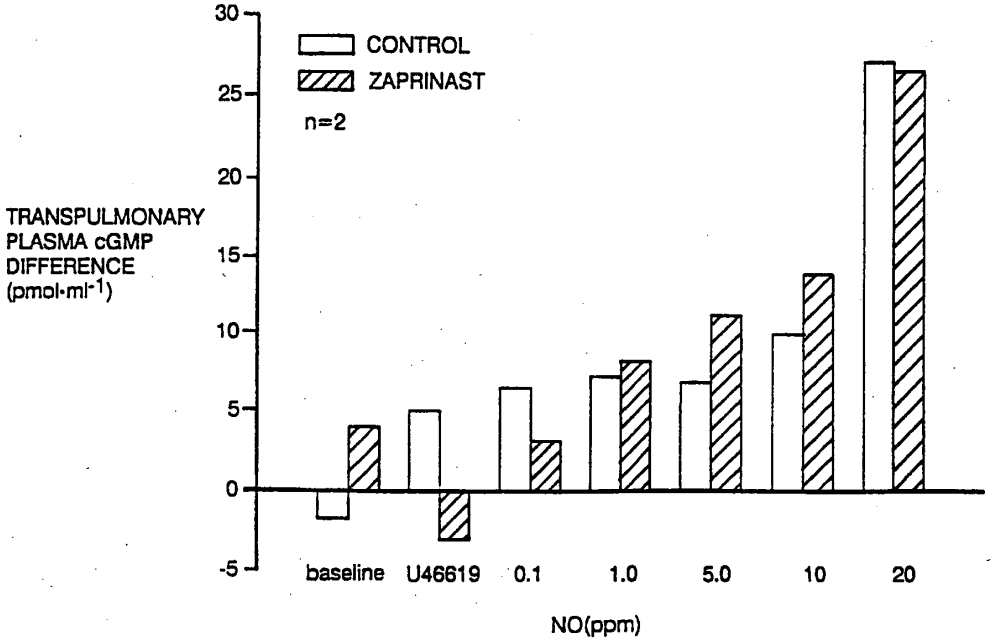

30
25
20
15
10
5
0
-5
CONTROL
ZAPRINAST
n=2
TRANSPULMONARY
PLASMA cGMP
DIFFERENCE
(pmol·ml-1)
baseline
U46619
0.1
1.0
5.0
10
20
NO(ppm)

FIG. 21

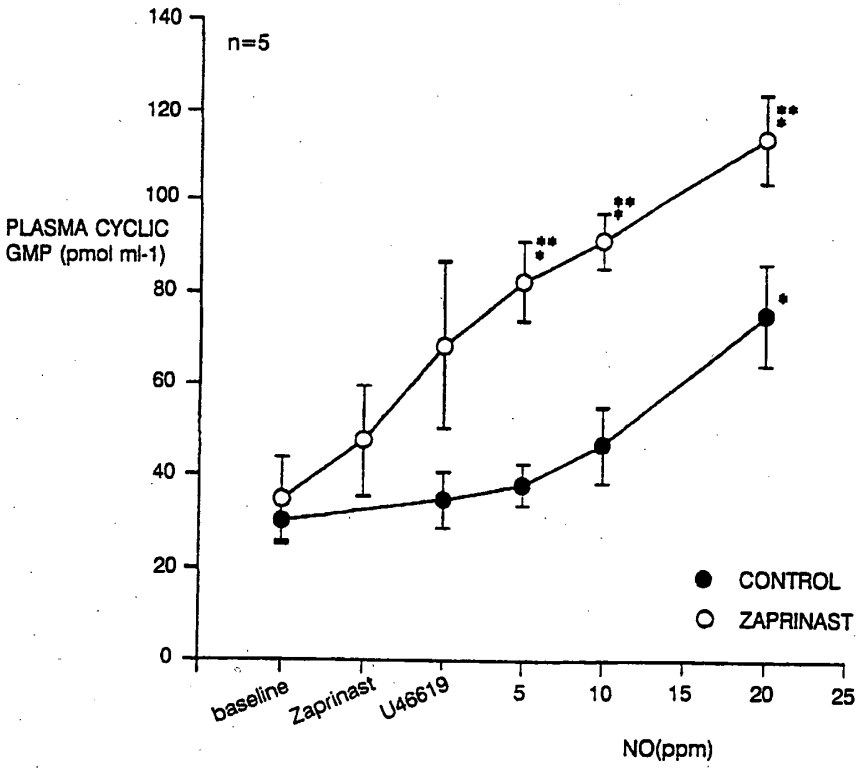

n=5
PLASMA CYCLIC GMP (pmol ml-1)
140
120
100
80
60
40
20
0
baseline
Zaprinast
U46619
5
10
15
20
25
NO(ppm)
CONTROL
ZAPRINAST

FIG. 22

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US95/04123

A. CLASSIFICATION OF SUBJECT MATTER
IPC(6) :A61M 11/00, 15/00
US CL :128/200.14, 203.12
According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

U.S. : 128/200.14, 203.12

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

NONE

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

NONE

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US, A, 5,246,970, (WILLIAMSON ET AL.), 21 September 1993. See column 2, lines 48-57.	1-39
A	AM. REV. RESP. DIS. SUPPL. 37, 107 (1988), "INHALED ENDOTHELIUM DERIVED-RELAXING FACTOR" (EDRF) IN PRIMARY HYPERTENSION (PPH), page 107; (HIGENBOTTAM ET AL.).	1-39
A	THE LANCET, VOL. 339; 27 JUNE 1992, "Safety guidelines for use of nitric oxide.", pages 1615 and 1616. (LUC FOUBERT ET AL.).	1-39

☐ Further documents are listed in the continuation of Box C. ☐ See patent family annex.

* Special categories of cited documents:

"A" document defining the general state of the art which is not considered to be part of particular relevance

"E" earlier document published on or after the international filing date

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"O" document referring to an oral disclosure, use, exhibition or other means

"P" document published prior to the international filing date but later than the priority date claimed

"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

"&" document member of the same patent family

Date of the actual completion of the international search
20 JUNE 1995

Date of mailing of the international search report
10 JUL 1995

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